



The Spoke'n Word



February 2014



Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 www.Riversidebicycleclub.com

Join us for the

CLUB MEETING

on the third Wednesday of each
month at 7:00 p.m. at the



6951 Flight Rd. Riverside.

Come early, have a great meal

Rose Parade Pix



INSIDE THIS ISSUE:

- 2, General Ride Group Info
- 3, Event Calendar
- 4, What's Happening; Ghost Bikes, Get Well Wishes to Kevin Keeney, Steve Workman, & Janny Appleseed
- 5, Ghost Bikes, story continues, & THE CLUB MEETING
- 6, 10:00 start for Beginner's Ride
- 7, CARS & BIKES
- 8, Pix; Rose Parade Ride
- 9, Pix; more, Rose Parade Ride
- 10, References
- 11, RBC Membership form

See pages 8 & 9

General Information for Group Road-Rides

- Non-members are welcome on all rides.
- Helmets are mandatory.
- Lights are required on all night rides.
- Riders are expected to bring the essentials.
See list bottom right.
- All group rides will periodically stop if necessary to regroup so that no one gets dropped or left behind.
- Children under the age of 18 must be accompanied by an adult.
- "Average speed" is calculated by the Total distance ridden, divided by the Total riding time. Or, by consulting with your bike computer. That's easiest.
- *All speed listed below are guidelines.*

A Group — Ride lengths will be 45-60 miles with the pace averaging 19-21 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

B Group — Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Terrain includes moderate and steep hills. Focus on performance development; pace lining and climbing. Group riding experience expected. Regroups as necessary.

C Group — Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have some group riding experience, basic bike handling and mechanical skills. Regroups as necessary.

D Group — Ride lengths will be 18-25 miles with the pace averaging 10-12 mph. Generally flat roads with some rolling to mild hills. This group welcomes beginning riders. Children are welcome when accompanied by parent or guardian (contact Ride Chair for details). Assistance and instruction will be provided in basic skills of fixing flats, bike handling, etc. Regroups often.

Be prepared to start on time and have an enjoyable ride. Then stick around to enjoy a soda or snack and good company after the ride.

**For information on club rides
please contact:**

Road Ride Chair: Robert J. Morgan
(951) 288-8604
robertsclients@outlook.com

Team Dirty Work: Rhett (Doc) Nelson
(909) 229-6576,
rhett.nelson@icloud.com



ROAD RIDE SCHEDULE

Weekend road rides start;
8:00 Winter and 7:30 Summer.
*Please check the Ride Calendar page 3,
or website for exact dates & times*

Sunday is the best day to come ride the streets with us. We have 4 levels for you to choose from fast-and-furious to cruising for coffee. Look for the cyclists on the Pedestrian Mall at 9th St. Park on University Av or at the old court house downtown Riverside.

Saturday isn't a beginner ride. *It's 35 miles to Redlands, average speeds of 16-18 mph. Route and speed vary according to riders. Regroups as necessary.* Ride leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop,

Tuesday & Thursday evening rides meet at Baker's Burgers at 3522 Adam's Plaza, Adams Exit off 91 Fwy. start times are 6:30 pm Winter, and Summer

The 6:30 ride has 3 groups now!
Fast Group; 25ish miles, 16- up mph
Medium; 20ish miles, 15ish mph.
Not as Fast; 15ish miles, 11ish mph

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.



MOUNTAIN BIKING SCHEDULE

TEAM DIRTY WORK is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit our web site. <http://www.teamdirtywork.com>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

Lights are required for night rides!

ESSENTIALS for riding with RBC

- ◆ **CYCLING HELMETS ARE REQUIRED ON EVERY RIDE!**
- ◆ **CELL PHONE**
- ◆ **2 WATER BOTTLES OR HYDRATION PACK** and/or energy drink
- ◆ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ◆ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ◆ **ID CARD AND EMERGENCY INFORMATION CARD**
- ◆ **YOU AND YOUR BIKE** (both in safe working condition)

February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 RBC & TDW morning ride
2 RBC & TDW morning ride	3	4 RBC & TDW evening ride	5	6 RBC & TDW evening ride	7	8 Palm Springs & Bike w. Mayor & Beginner's ride & RBC + TDW morning ride
9 RBC & TDW morning ride	10	11 RBC & TDW evening ride	12	13 RBC & TDW evening ride	14	15 RBC & TDW morning ride
16 RBC & TDW morning ride	17	18 RBC & TDW evening ride	19 CLUB MEETING 7:00PM	20 RBC & TDW evening ride	21	22 Emerald Necklace & RBC & TDW morning ride
23 RBC & TDW morning ride	24	25 RBC & TDW evening ride	26	27 RBC & TDW evening ride	28	

Oct through April weekend rides start at 8:00 a.m. May-Sept 7:30 a.m. unless otherwise posted.

*** (TDW) Team Dirty Work, Mountain-bike rides from B of A, every Tuesday & Thursday evenings and Saturday & Sunday mornings. And
* (RBC) Road group rides also every Tuesday & Thursday evening from Baker's and Saturday & Sunday mornings from Downtown, see page 2*

UPCOMING EVENTS

- *RBC CLUB MEETING are the 3rd Wednesday every month, 7:00 pm at D&D Airport Café, 6951 Flight Rd., Riverside, (951) 688-3337. Come early, get something to eat. Gather near the back windows. Non members are gladly welcome to our meetings!*
- *Special Rides announced on our web, the message board and at weekend rides.*

2/8/14 Tour de Palm Springs, all day, 100, 50, 25 & 5 mile rides, info; <http://www.tourdepalmsprings.com/>

2/8/14 Bike with the Mayor, 8AM, at Martha McLean park, 8 mile ride, then 35th annual Black History parade. 951-826-5372

2/8/14 Beginner's / Family Ride, 10:00AM. Start at Bonaminio Park on Palm Av near Mt Rubidoux. Look for bikes at west end of parking lot. See page 6 for more info.

2/16/14 **RBC-Club Meeting, 7PM.** come earlier and have a meal with your friends at D&D Café

2/22/14 Emerald Necklace, An event partnership of the Redlands Conservancy and the IEBA Celebrating the GEMS of Redlands.

Only \$35 For bike and car tour. <https://www.facebook.com/events/583576905057629/?source=1>

3/15/14 RBC "Members Only" Ride: 30mi, 62mi, 100mi. Routes will be posted on Facebook and RBC website in February.

4/2-6/14 Redlands Bicycle Classic, volunteers needed, see page 5.

WHAT'S HAPPENING

HAPPY NEWS:

Ken Mogi is retired from work, after a bunch of years at Mogi Transmission in Riverside, but not from life. He says that biking is his new job. Join Ken, and the other retirees during the week DAYS for their unofficial, unsupported, AARP rides. Their motto is;



“Work is done, let's rock 'n roll!”

GET WELL WISHES for;

RBC member Steve Workman had quite an unexpected event when his doctor told him he needed a pacemaker! All went well. Steve will be off the bike for a few weeks. Get well quickly

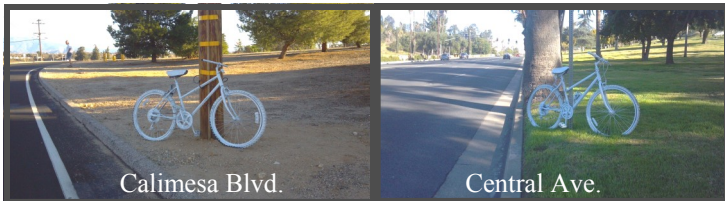


Editor's Note, avid cyclist have their priorities as seen in this post from Kevin. He first describes the condition of his beloved bicycle, then himself.

GET WELL WISHES for;

RBC member Kevin Keeney, on 1/15/14 he informed us that while riding on Cajalco Rd. he had an encounter with a car, his bike was destroyed and he is in the hospital.

Get well quickly, and hope the ins. covers all expenses, plus a new bike.



From FACEBOOK, 1/13/14,
“Inland Empire Biking Alliance” installed the first “Ghost Bike” of the year in honor of Phil Richards (Calimesa Blvd. and Singleton).
IEBA installed another for David Mendez, killed, Jan 5, in Riverside on Central Ave by Olivewood cemetery. RIP.
 Hoping the remainder of 2014 doesn't include more ghost bikes.

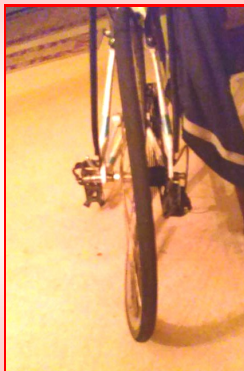
.....
Many people replied to this post on Facebook. Offering support and condolences to those families who have lost loved ones.

The below expressed the feelings of most of us.
James Esser: *We should put a ghost bike in that guys front yard so he will see it everyday until his court date March 4.*
(Read more on page 5)

Editor's Note, Again, avid cyclist have their priorities, BIKE FIRST.

GET WELL WISHES for;

RBC member, Janny Appleseed posted on Facebook 1/22/14; “My bicycle. My beloved. My transit. My companion. My life. She's in pain. Hit and run.” Chicago and MLK. Janny also added. “But, 3 minor impacts in 7 years. Not bad, considering I ride more miles in a year than the average driver. I think I'm OK” Get well quickly Janny, and hope your beloved can be repaired.



YOU MAY BE RIGHT, “DEAD RIGHT” PLEASE, RIDE DEFENSIVELY

Non RBC accidents
 within the last 30 days;

- ◆ bike v car, death, Cala Mesa
- ◆ bike v drunk driver, death, Riv. Central
- ◆ 1/13/14 bike v bus, injury, Riv
- ◆ 1/14/14 bike v car, death, SBDO
- ◆ 1/16/14 bike v motorcycle, injury, French Valley

Please read related story, page 4

GHOST BIKES: Draw attention to recent deaths of inland cyclists

January 26, 2014 by [Dan Bernstein](#)

The “ghost bike” on Central Avenue in Riverside. (STAFF/Bernstein)

It was only a bicycle, but it was completely white: frame, seat, pedals, spokes, tires, handle bars, grips, gears. All white. Which made the red roses, so fresh and vibrant the first time I drove by, all the more striking.

The bike was there for days, chained to a city sign on Riverside’s bustling Central Avenue near Poly High. I assumed it was a “makeshift memorial.” But no candles, cards or photos.

Just a bike. A “ghost bike.”

“Last year, 22 cyclists were killed in Riverside and San Bernardino counties,” said Mark Friis, director of the Inland Empire Biking Alliance, whose mission includes making cycling safer. Friis knew about the ghost bike on Central Avenue because his organization put it there. “We’ve put up four ghost bikes in the last four years.” Two within the last month.

The ghost bike on Central appeared after David Mendez, 22, set out for a Sunday, Jan. 5, ride. Mendez, who was studying to be a pharmacist at RCC and worked for Kaiser, left his Riverside home about 3:30 p.m. Seventeen minutes later, he was hit from behind as he traveled east along Olivewood Ceme-

tery.

Cyclist David Mendez, 22, was hit from behind on Central Avenue in Riverside.

(Contributed image from Marlene Mendez.)

RPD said the driver kept going, but a witness who tailed him convinced him to return to the scene. Christopher R. Banning, 31, was arrested on suspicion of vehicle manslaughter and driving under the influence.

“He was the only son,” said family friend Wanda Gomez. “He never married and had no children. Cycling was his love. This is devastating for the boy’s mother and father,” Sylvia and Miguel Mendez. Devastating for his kid sisters, Marlene and Genie.

The previous Sunday, Dec. 29, Phillip Richards, a retired postal worker and father of six, was hit head-on in Calimesa. The 64-year-old Beaumont resident died on Jan. 11. William Donald Johnson, 42, was booked into jail on suspicion of felony hit and run. The ghost bike for Phillip Richards was placed near a Calimesa utility pole.

Cyclist Phillip Richards, retired postal worker, was hit head-on in Calimesa.

(Contributed image from Annette Richards.)

“He was my world,” said Annette Richards. They had been married 15 years. “It was a passionate, incredible relationship.” Phillip Richards loved to cycle and garden and read. “It’s very surreal,” said Annette. “I just want to be pinched and woken up from that dream.”

Bicycle deaths are toted up and broken down. But they are more than stats. They are more than the 575 white bicycles put up worldwide since 2003. They are sons and brothers, fathers and husbands. Their deaths shatter families.

The ghost bike, says Mark Friis of the bicycle alliance, is meant to “draw attention to a

fallen rider.” It stays in place “until somebody removes it.”

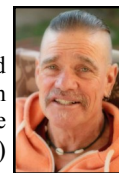
Olivewood Cemetery removed the bike for David Mendez from its property last week.

(Their memorials are forever; they do not encourage makeshift.)

But even though the appearance of the ghost bike is fleeting and the brilliant roses inevitably wither, both remind us that the deaths of David Mendez and Phillip Richards — and the wounds to their families — are permanent.



Cyclist David Mendez, 22, was hit from behind on Central Avenue in Riverside. (Contributed image from Marlene Mendez.)



Cyclist Phillip Richards, retired postal worker, was hit head-on in Calimesa. (Contributed image from Annette Richards.)

Reach Dan Bernstein at 951-368-9439 or dbernstein@PE.com

Facebook: PE Columnist Dan Bernstein

Twitter: @DbernsteinCol

<http://blog.pe.com/dan-bernstein/2014/01/26/ghost-bikes-draw-attention-to-recent-deaths-of-inland-cyclists/>

AT THE CLUB MEETING;

RIVERSIDE BICYCLE CLUB By-Laws Review

Committee Forming As a California corporation, RBC is governed by its by-laws. By-laws establish the procedures for many corporate functions, including the election and duties of the officers, procedures for setting meetings of the members and the Board and many other similar functions.

RBC’s by-laws were last updated in 2004. Many changes have occurred in the last 10 years and we need to update the RBC by-laws to reflect these changes. Some items that are particularly apparent are the membership term and use of e-mail and web sites to communicate with members.

At the request of the Board, I am forming a committee to review the RBC by-laws. If you are interested in joining the By-Laws Review Committee, please contact me at allenmerrill@me.com or 951-233-0606. I expect the committee to hold a total of 3 to 4 meetings in Feb-

ruary and March. Any changes to the by-laws will need to be approved by the Board and the members.

Diana Morningstar asked for your help.

The “**Redlands Bicycle Classic**” is April 2-6, and is in need of volunteers. If you can help in any way please go to www.redlandsclassic.com Many opportunities to volunteer, and to watch the race.

Our speaker for January was Taryn Feurberg the sports therapist. Taryn told us many thing can effect our cycling performance, not just physical but emotional too. Thank you Taryn for a very interesting and informative talk.

CLUB MEETING 50/50

1st prize, \$31 CASH!!!,

other prizes,

TWO \$20 Jenson’s USA Gift Cards,
& TWO \$10 Starbucks Gift Cards!

BEGINNER'S RIDES

Second Saturday of each Month

NEW -- family friendly start time -- 10:00AM!

If you are just getting started riding,
or you haven't been riding in a really long time,
then these rides are for you!

Have fun learning safe riding skills on quiet streets or the bike trail.

Fun and informative for the whole family, and it is free.

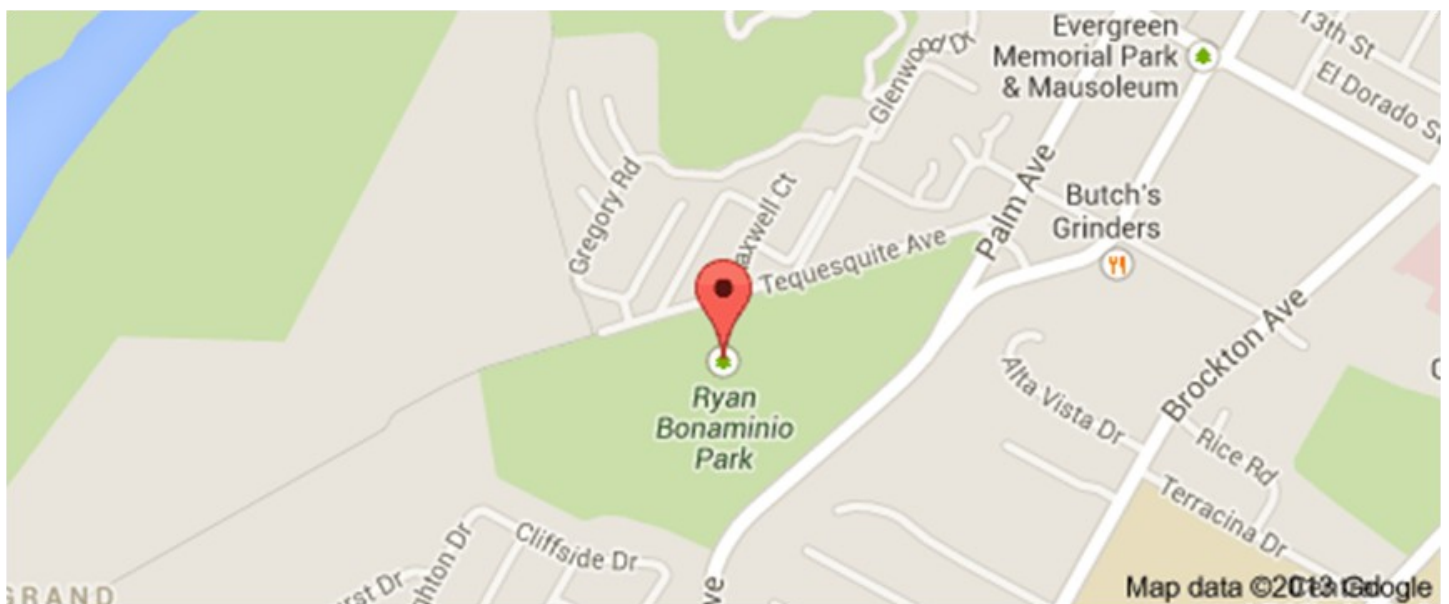
The ride length varies depending on the group's abilities and wants.

This is a great opportunity to get started the right way.

The rides will be led by John Hawksley. Contact (951) 601-9660

PLEASE BRING; YOUR BIKE, A HELMET, WATER BOTTLE, & ID card.

We'll see you the Second Saturday of each Month
at Ryan Bonaminio Park on Palm Av. near Mt. Rubidoux.



CARS & BIKES

CAN WE ALL GET ALONG?

Starting in September, drivers are required to keep 3 feet from a cyclist while passing. Existing law makes it illegal to pass at an unsafe speed – any speed that puts the rider at risk. So in practice, the idea is to slow down and give bikes a little room. The new law may require drivers to be patient and wait a bit longer to find legal spots to pass. Below are guidelines for car and bike interactions.

Any person operating a bicycle upon a roadway at a speed less than the normal speed of traffic at that time shall ride as close as "practicable" to the right-hand curb. Usually interpreted to mean riding as far right as is "able to be done." Exceptions include passing, turning left, a narrow lane or avoiding hazards.

CALIF. VEHICLE CODE 21202

One of the greatest risks to cyclists is getting hit from behind by a car that drifts into a bike lane. The other place with a high fatality rate is at intersections, where cyclists are hit by turning vehicles.

PASSING SAFELY The rules for passing bikes is the same as for any slow-moving vehicle – do it safely: Don't cross double yellow lines; don't move into lanes when an opposing car is coming. When a cyclist controls a lane to avoid the door zone, drivers will have to be patient until it's safe to pass.

GETTING "DOORED" It is illegal to open a door into traffic. A bicyclist who runs into a suddenly opened door can end up with broken bones and a busted bike. The "door zone" is the 3 feet next to parked cars. To avoid this area, riders may move farther left. A small car in a wide lane may be able to slip past a cyclist and still be 3 feet away, but in most situations vehicles will have to wait until it is safe to change lanes to get around the rider.

HOW FAR RIGHT? Possibly the biggest contention between cars and bikes: Should riders keep right so cars can pass or can bicyclists control the lane? The law leaves this to the discretion of the cyclist. The code suggests bicyclists ride as far right as safely possible, but it is generally left to the bike rider to decide where it is safest to ride.

All parts of car must be 3 feet from any part of cyclist

Violation of 3-foot separation

AVOID SWERVING

Riders have to decide if there is enough room to pull toward the curb before meeting an obstacle. Prudence suggests that most riders will keep their line of travel and not swerve in and out of parked cars. The fear is if they pull to the curb and back out into the lane, a car will hit them from behind.

SIGNAL INTENTIONS

Bikers are required to give hand signals when changing directions on a roadway. Informing drivers of a cyclist's intent reduces the chance of an accident.



LEFT TURN

Left-turn signal is particularly important at intersections if it is unclear the direction a bike rider will take.



RIGHT TURN

Code allows both arm signals to show a right turn – but many drivers may not know what a raised arm means.



STOPPING

Signaling a stop is important when others are following closely behind. It reduces the chance of being rear-ended.

RIDING AT NIGHT

To avoid injury or a citation, bicyclists riding at night are required to have:

♦ A white headlamp, attached to the bicycle or their body, visible from 300 feet.

♦ Red reflector rear; white or yellow reflector on both sides of pedal; white or yellow reflectors on wheel spokes.

♦ Rear light not required, but recommended; high-visibility clothing is a good idea.

Bike headlights on during the day cut crashes by 17%, according to a Denmark study.

AVOIDING THE 'RIGHT HOOK' At intersections, cyclists often avoid staying near the curb if there is a right turn lane. This is to avoid being hit by a driver turning right who does not see the biker.

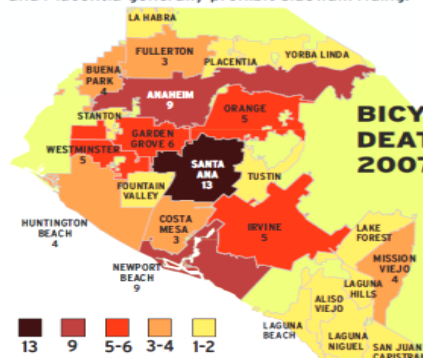
BIKING AGAINST TRAFFIC It's illegal. It's a leading cause of bike fatalities. It's particularly dangerous when approaching four-way stops. Drivers are not looking for cyclists in the wrong spot and may pull in front of the rider.



Bicyclist can indicate with a wave his intention to wait for car with right of way to go.

RUNNING STOPS Cyclists are required to stop. It's particularly prudent when cars are present. Besides being illegal for bicyclists not to stop, it's rude to the drivers who are there first. Young riders should get in the habit of not rolling through stop signs.

SIDEWALK RIDING Most O.C. cities allow bikes on sidewalks, although with many exceptions for areas of dense pedestrian traffic. Newport Beach, Laguna Beach and Placentia generally prohibit sidewalk riding.



Sources: State of California, O.C. Coroner, O.C. Bicycle Coalition Attorney David Huntsman, Calif. Assoc. of Bicycling Organizations

SANDY CORONILLA, STAFF WRITER / SCOTT BROWN, STAFF ARTIST

RBC rides to the Rose Parade



All 4 ride groups converged at Citrus College in Azusa and rode to the parade on January first.

2nd row, Just some that rode a century to the parade.

Left to right; Steve Collier, Jay Ferral, Kevin Keeny, Doug Church, and Mike Curatola.

3rd row left, Sean and some of the others waiting for the parade to resume after yet another float broke down.

3rd row right, the same century guys, ready to be on their journey home to Riverside. What a GREAT way to start the New Year!

4th row left, a big group at the usual viewing spot at Sierra Madre Blvd & Walnut St. in Pasadena. From left to right; Stirling, Robert A. Robert L. Karla, Ken, Chris, William & Theresa.



Photo., Steve Collier



Photo, Doug Church



Robert asking John about long distance cycling.

MORE ROSE PARADE PIX

1st row, another angle from Citrus College group, by Jim Long.

2nd row, just two block north of the usual viewing spot, still on Sierra Madre, the crowds are fewer and you can actually see the parade without standing on a ladder. Maybe next year... (:

3rd row left, somebody got dressed in the dark, and as you can see, their shoes DON'T match. I'm not saying WHO, but that person is pictured on this page. (:

3rd row middle, Bob Lopez & Bob Lopez, and their wives.

3rd row right, Bob Dunning ready for the ride, mostly. (:

4th row, Kathy Lopez, celebrating the New Year with decorations, noisemakers for all, and a bit of "the ol' bubbly". Not champagne, actual bubbles! Very fun stuff, thanks Kathy!



Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount. The following is a list of participating bike shops:

CLUB RESOURCES

AJ's Bicycles, (951) 674-6161
31861 Mission Trail, Lake Elsinore, CA
www.ajsbikes.com

B-RAD'S Bike Stop, (951) 444-7353
9022 Pulsar Court, Corona, CA 92883
www.B-RadsBikeStop.com

Cyclery U.S.A., Inc. www.cycleryusa.com
10000 Magnolia, Riverside, (951) 354-8444
415 A Tennessee, Redlands, (909) 792-2444
7890 Haven Ave. Suite 9, Rancho Cucamonga, (909) 466-5444

Cyco-Path, (951) 695-4823
29760 Rancho California Rd., #107, Temecula, CA 92591
<http://cycopath.com/index.cfm>

Don's Bikes of Rialto, (909) 875-7310
384 S. Riverside Av, Rialto, CA
www.donsbikeshop.com

Norco Cyclery, (951) 808-9617
1825 Hammer Suite H. Norco, CA

Pedals Bike Shop, (951) 683-5343
3765 Jurupa Ave. # L. Riverside, CA 92506
www.pedalsbikeshop.com

White's Bikes, (951) 242-4469
23750 Alessandro Blvd. Moreno Valley
<http://www.whitesbicycles.com>

Woodcrest Bicycle Center, (951) 780-4988
16960 Van Buren Blvd. Riverside, CA

Yucaipa Bike Center, (909) 790-1551
34844 Yucaipa Blvd. Yucaipa, CA
<http://www.yucaipabikecenter.com>

Riverside County

Mark Brewer, Park Planner, (951) 955-4316
Dan Nove, Asst Park Planner, (951) 955-6998

Riverside City

Jenna Combs, Public Utilities Rep, (951) 826-5847
General Info or issues, (951) 826-5311 or 311

San Bernardino County, Regional Parks Dept.
Paul Krause, (909) 387-2346, (909) 384-2052 fax

Riverside Bicycle Club Affiliations

IMBA International Mountain Bike Association
LAB League of America Bicyclists
Riverside County Trails Commission
USACYCLING United States Cycling Federation

2014 Board

President; Roger Van Matre
(714) 305-3151 roger_vanmatre@yahoo.com

Vice President; Bob Lopez
(714) 720-9541 rplopez@sbcglobal.net

Secretary; Doug Church

Treasurer; Allen Merrill
(951) 233-0606 allenmerrill@icloud.com

Road ride Chair; Robert J. Morgan
(951) 288-8604 robertsclients@outlook.com

Mountain bike Chair; Rhett (Doc) Nelson
(909) 229-6576 rhett.nelson@icloud.com

Public Relations; Jim Bartlebaugh
(909) 376-6173 jimbartlebaugh@gmail.com

Membership; Stirling Yearian
(951) 505-0074 rexgaloure@msn.com

Librarian; Vicki Yearian
(951) 943-1747 fodofixer@msn.com

Webmasters; Stirling & Vicki Yearian, fodofixer@msn.com

TDW Webmaster: Malcolm Bader, Mbader@slauson.com,
www.teamdirtywork.org

Newsletter Editor: Vicki Yearian,
Fodofixer@msn.com Deadline day after general meeting.

Bike Lanes Representative: Pete Staylor, Dadswaycool@aol.com

A Ride Leader. Open

B Ride Leader: Open,

C Ride Leader: Roger Van Matre

D Ride Leader: Ken Mogi, cell # (951) 313 6015

Street or bike trail issues;
PHONE APP 311

OR

(951) 826-5311



Membership Application

P.O. Box 55160, Riverside, CA 92517-0160
www.riversidebicycleclub.com



Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date.

(Please print clearly)

Please check all that apply;

Name _____

☐ Yes, it's OK to share this info with the Club.

Address _____

☐ No, do not share my info.

City _____ State _____ Zip _____

☐ Yes, I am interested in being a ride leader.

Email _____ Birth date ____/____/____

What are your biking interests?

Your Phone (____) _____ - _____ I.C.E. phone (____) _____ - _____
Incase of emergency

- | | |
|--|--|
| <input type="checkbox"/> Road riding | <input type="checkbox"/> Single speed |
| <input type="checkbox"/> Mountain biking | <input type="checkbox"/> Velodrome |
| <input type="checkbox"/> Touring | <input type="checkbox"/> Collecting |
| <input type="checkbox"/> Tandem | <input type="checkbox"/> Restoring |
| <input type="checkbox"/> Racing | <input type="checkbox"/> Social riding |

For Family Memberships, please list all names and birth dates of participants below;

Name _____ (dob) _____,

How did you hear about us?

Name _____ (dob) _____,

- ☐ Bike shop
☐ Web
☐ Friend
☐ Other _____

Name _____ (dob) _____,

HELMETS ARE REQUIRED ON ALL RIDES

RELEASE: With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity.

(Signature)

(Date)

(Spouse / other adult family member or legal guardian if under 18)

(Date)

Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

DUES:

Individual.....\$30

Family.....\$40

Booster.....\$50

("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)

The following options allow you to save \$5 but you must acquire the newsletter via the web.

Individual SAVER\$25

Family SAVER\$35

TOTAL ENCLOSED \$ _____

Make Check Payable to;
Riverside Bicycle Club
and mail to;

RBC Membership
P.O. Box 55160
Riverside, Ca. 92517-0160

Check answers;

- ☐ I'm a NEW member.
☐ I'm renewing.
☐ My info has changed.
☐ My info has not changed.

OFFICE USE ONLY

CK # _____ ck date _____

Date received _____

Card(s) issued _____, excel _____

RIVERSIDE BICYCLE CLUB
www.Riversidebicycleclub.com

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

Recycle this newsletter!

Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.*

We are the oldest bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is mailed to all current club members.

Please send articles, comments, letters to:

Vicki Yearian
Fodofixer@msn.com
Editor, Spoke'n Word
Riverside Bicycle Club
P.O. Box 55160
Riverside, CA 92517

Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

Deadline, day after the club mtg

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THE SPOKE'N WORD



Riverside Bicycle Club, Inc.
P.O. Box 55160
Riverside, Ca 92517-0160

v 122, 2014



**Your membership
expiration date is
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