



The Spoke'n Word



March, 2018



Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 www.Riversidebicycleclub.com

Join us for the **CLUB MEETING**

on the third Wednesday of each
month at 7:00 p.m. at the



6951 Flight Rd. Riverside.

Come early, have a great meal

DEADLINE to submit for this newsletter is the 22nd of the month
send to; fodofixer@msn.com

The Dickens you say

INSIDE THIS ISSUE:

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The Dickens Festival was held downtown Riverside on Feb 25 and after the club ride President [John Hawksley](#) spoke with the gentleman riding this beautiful High Wheeler. He said that he was a member of the oldest bike club in England and that his club started a little bit before ours.



A note from the President,

We had a very exciting club meeting with lots of speakers. A gentleman came with some concerns about parking vs the bike lane in the Canyon Crest area and spoke to the group about it. It was a good opportunity to interact with a non cyclist about his concerns.

Greg Armstrong told us a little bit about the Plain Wrap ride that is coming up April 21. Greg promises it will be a COOL ride. Much cooler than last year.

Mark Friis had a lot of fun information about his affordable bike touring company called Wheel Tales Bike Adventures. His tours sound like they will be very exciting. Mark explained that touring is one of the best ways to enjoy riding your bike, see great scenery and meet many new friends. www.wheeltales.com

I hope next month everyone can come and spend time with your bike friends at the club meeting.

John Hawksley



At our March meeting, Wednesday 21st our guest speaker will be Southern California Manufacture's representative, Corey McCroskey. Come and see the latest and greatest bicycles from the world's oldest bicycle manufacturing company still in existence. Corey is also the co-founder (along with our member Greg Armstrong) of the Plain Wrap Ride. Saturday, April 21st will be the seventh running of this fun ride. Hear about this upcoming event and watch a video of last year's event from Doctor Stephen Wilson, Founder of Ride Yourself Fit. The Plain Wrap Ride is proudly sponsored by; Ride Yourself Fit, Bianchi Bicycles, Citizens Business Bank and Cyclery USA.

March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 RBC evening ride	2	3 RBC morning ride
4 RBC morning ride	5	6 RBC evening ride	7	8 RBC evening ride	9	10 RBC morning ride & Beginners Ride
11 RBC morning ride	12	13 RBC evening ride	14	15 RBC evening ride	16	17 RBC morning ride
18 RBC morning ride	19	20 RBC evening ride	21 CLUB MEETING 7PM	22 RBC evening ride	23	24 RBC morning ride & RUFF ride
25 RBC morning ride	26	27 RBC evening ride	28	29 RBC evening ride	30	31 RBC morning ride

START TIMES:

8:00 a.m. Weekend rides **Oct.-April.**

7:30 a.m. Weekend rides **May-Sept.**

6:30 p.m. Tuesday & Thursday evening rides.

7:00 p.m. Club Meeting, 3rd Wednesday each month.

Saturday mornings from Canyon Crest Town Centre.

Sunday mornings from Downtown, see page 2 for more info.

RBC CLUB MEETING at D&D Airport Café, 6951 Flight Rd., Riverside, (951) 688-3337. Come early, get something to eat.

Gather near the back windows. Non members are gladly welcome to our meetings!

Check out Team Dirty Work on Facebook for their current schedule.

UPCOMING EVENTS

Mar. 10, RBC's BEGINNER'S RIDE. 10AM, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot. Learn to ride safely in a group.

Mar. 21, CLUB MEETING 7:00pm see page 1,

Mar 10, SOLVANG CENTURY

Mar 24, TOUR DE SEWER

Mar 24, SADDLEBACK SPRING GRAN FONDO

Mar 24, REDLANDS RUFF RIDE

Apr 21, HEMET DOUBLE CENTURY

Apr 21, PLAIN WRAP RIDE

Apr 29, FINISH THE RIDE GRIFFIN PARK

Apr 28, BREATHLESS AGONY

May 5, ROSARITA ENSENADA

May 12, TOUR OF LONG BEACH

May 19, SAN DIEGO CENTURY

May 13, Mothers Day Ride (Ladies Ride)

May 16, Ride of Silence-- (RBC Club Meeting)

May 21, TOUR De OC

May 25th - 28th, GREAT WESTERN, Paso Robles Cycling Festival

LA RIVER RIDE--?? RBC (Jun 4th last year)

June 20, Swap Meet / Club Meeting

Queen Mary Ride -- RBC (Jul 15th last year)

Aug 5, TOUR DE BIG BEAR

Sep 8, AMTRAK CENTURY

Sep 8, MAMMOTH GRAN FONDO

Sep or Oct, RBC SMOG TO SURF CITRUS CLASSIC--??

Nov 11th, RBC Veterans Day

Nov 10, TOUR DE FOOTHILLS

Nov (After Thanksgiving--24th?), RBC Turkey Burn



T o u r



Gary & Marcia, century tandem.

de Palm Springs





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STATEMENT FROM THE RIVERSIDE COUNTY DISTRICT ATTORNEY'S OFFICE

FEB. 16, 2018

From FaceBook, Feb 11, 2018.

TOUR DE PALM SPRINGS CYCLIST KILLED

[Lorne Lyle Facebook post; February 11 at 2:43pm](#)

The Tour de Palm Springs started out beautifully but sadly ended in the death of a rider from Washington. It was a senseless death caused by a driver under the influence of drugs. You see his crack pipe in the picture which he tossed out after the collision. (*picture not shown here*) By God's grace Dawn and I were only a minute behind this horrific accident but saw it all unfold in front of us. Our prayers and sympathy go out to Cyclist Mark Kristofferson's family as well to Alyson Lee Akers, who suffered serious injuries. We only wish there was more we could have done. Please keep them in your prayers as well. Be safe out there, share the road, and don't drink (do drugs) and drive. These people and their loved ones lives have been change forever because of someone's carelessness and stupidity. This is the reality that happens when you think you can operate a vehicle when under the influence. Once again it seems to never be the guilty party but the innocent who pay the ultimate price.

From another FaceBook post 2/11/18

A cyclist was killed and another seriously injured during Tour de Palm Springs by a driver going in excess of 100 mph on Dillon Road. This driver was observed passing within 3 feet of several riders, and making unsafe passes before losing control of his car and hitting two of us. This 21 year old, without a valid license, choosing to drive at speeds that placed everyone else in danger. He operated his car with depraved indifference for the safety of everyone else and he has been charged with manslaughter and released on ONLY \$75,000 bail.

"Today the office of the Riverside County District Attorney met with representatives of several cycling clubs and organizations to discuss the fatal incident during the Tour de Palm Springs. The DA's office was as transparent as is legally possible and everyone feels that this case is receiving all the attention it deserves.

The California Highway Patrol is the lead agency and is continuing their investigation and collection of all evidence. Once the investigation is completed, it will be forwarded to the District Attorney who will file criminal charges. The California Highway Patrol is vigorously investigating and the District Attorney will prosecute the driver to the fullest extent of the law as supported by the evidence.

The District Attorney's office has requested our help in compiling a list of cyclists that were witnesses and an additional list of those who have still photos or video such as GoPro footage from Dillon Road.

The Inland Empire Project Hero HUB has agreed to compile the list of witnesses for the DA's office. All witnesses should send an email to inlandempirehub@projecthero.org stating whether they were a witness to the actual collision, saw the vehicle prior to the collision, arrived at the scene after the collision and/or had any interaction with the suspect. Please only respond if you have first hand knowledge.

It is critically important that anyone with digital images or video preserves the video and images in their original form, such as removing the SD card. The DA is interested in all GoPro type footage of Dillon Road on the morning of the ride and especially any footage that shows the suspect vehicle prior to the collision.

PLEASE DO NOT POST ANY IMAGES OR VIDEO ON SOCIAL MEDIA. If you have already done so, please indicate that in your email.

Please email inlandempirehub@projecthero.org with your information.

All witnesses will be sorted based on what they saw and then forwarded to the DA's office and investigators.

Any updates to court dates will be shared with the cycling community as soon as they are known. This gives our community the opportunity to be see and eventually heard throughout the prosecution.

We urge all of you to ride safely and obey all traffic laws."

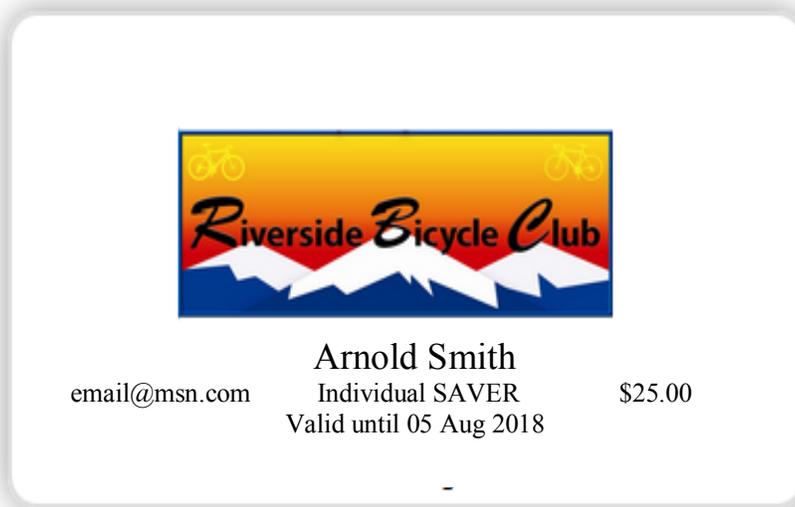
Membership Cards

Membership cards are available online and ready for you to download onto your phone. 3 quick easy steps;

1. **Log-in** using your smartphone
2. Go to your **view profile**, scroll down to your card
3. Click "**image optimized for phone**", and then save.

That's it! You are all done! (:

(THIS IS HOW YOUR CARD WILL LOOK)



This image has been optimized for display on your smartphone and is the BEST way to always have your RBC card with you. No more lost cards. Your name, level and re-new date is on the card. The email you joined with is there too, important to have it to log-in.

OR - The second option, (*less desirable*) is to print your own by downloading the PDF. Follow steps 1 & 2 but **choose Download the card as a PDF**. Then Print the design directly onto cardstock, next cut out the card along the crop-marks that appear on the page. Make sure to set the scaling to 100% before printing. The size of the membership cards are 88.9 x 50.8 mm or 3.5 x 2 inches when printed at 300 dpi (1050 x 600 pixels). Keep in a safe place when finished.

Your bike friend

Vicki (:

call if you need help, 951-943-1747



"C" group, C'fari Ride



"D" group, Turns Ride

General Information for Group Road-Rides

- Non-members are welcome on all rides.
- Helmets are mandatory.
- Lights are required on all night rides.
- Riders are expected to bring the essentials. *See list bottom right.*
- "Pace average" refers to the average on your computer at the end of a ride. If we say an average of 13 – 15 mph, you will be riding over 15 and under 13 at times, but the average at the end will be 13 – 15.
- All speed listed below are guidelines.

A Group – Ride lengths will be 45-60 miles with the pace averaging over 18 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

B Group – Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Moderate to difficult terrain. Focus on performance development, pace lining and climbing. Group riding experience, general mechanical skills expected.

C Group – Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have group riding experience, basic bike handling and mechanical skill.

D Group – Ride lengths will be 20-35 miles with the pace averaging 11-13 mph. Mixture of flat/rolling hills with some moderate climbing. Regroup as necessary.

E Group – Ride lengths will be 15-25 miles in length. The pace will be according to the riding abilities of those riding that day. Some riding skills and comfort with road traffic involved. New riders always welcome and a good place to start. Assistance and instruction will be provided in basic skills of fixing flats, bike handling, and group riding. Regroups often.

Be prepared to start on time and have an enjoyable ride. Then stick around to enjoy a soda or snack and good company after the ride.

Contact:

Road Ride Chair: Bob Dunning,
951-318-3946
chiefdun@hotmail.com

Team Dirty Work: Rhett (Doc) Nelson
(909) 229-6576,
rhett.nelson@icloud.com



Weekend road rides start;
8:00 Winter and 7:30 Summer.
*Please check the Ride Calendar page 3,
or website for exact dates & times*

Sunday is the best day to come ride the streets with us. We have 5 levels for you to choose; from fast-and-furious to cruising for coffee. Look for the cyclists on the Pedestrian Mall at 9th & Main. Park on University Av or at the old court house downtown Riverside.

Saturday rides leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop.

- ◆ **Fast group A/B/C;** 16-18 mph to Redlands.
 - ◆ **Casual group D/E;** 11-15 mph varied per routes.
- Beginner's Ride:** see page 3 under calendar for full details.

Tuesday & Thursday evening rides meet at Baker's Burgers at 3522 Adam's Plaza, Adams Exit off 91 Frw. starts 6:30PM Winter, and Summer This ride usually has 3 groups.

- ◆ **Fast, A/B Group;** 25+ miles, 16 & up mph
- ◆ **Medium, C Group;** 20ish miles, 15ish mph.
- ◆ **Casual, D/E Group;** 15ish miles, 11ish mph

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.



TEAM DIRTY WORK is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends, bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit <https://www.facebook.com/groups/teamdirtywork/>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

Lights are required for ALL night rides!

ESSENTIALS for riding with RBC

- ◆ **CYCLING HELMETS ARE REQUIRED ON EVERY RIDE!**
- ◆ **CELL PHONE**
- ◆ **2 WATER BOTTLES OR HYDRATION PACK** and/or energy drink
- ◆ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ◆ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ◆ **ID CARD AND EMERGENCY INFORMATION CARD**
- ◆ **YOU AND YOUR BIKE** (both in safe working condition)

Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount.

The following is a list of participating bike shops:

AJ's Bicycles, (951) 674-6161
31861 Mission Trail, Lake Elsinore, CA
www.ajsbikes.com

Citrus Cyclery, (951) 444-7353
9022 Pulsar Court, Corona, CA 92883
www.citruscyclery.com

Cyclery U.S.A., Inc. www.cycleryusa.com
10000 Magnolia, Riverside, (951) 354-8444
415 A Tennessee, Redlands, (909) 792-2444
7890 Haven Ave. Suite 9, Rancho Cuca, (909) 466-5444

Cyco-Path, (951) 695-4823
29760 Rancho California Rd., #107, Temecula, CA 92591
<http://cycopath.com/index.cfm>

Don's Bikes of Rialto, www.donsbikeshop.com
384 S. Riverside Av, Rialto, (909) 875-7310
700 E. Redlands Blvd. #B1, Redlands, 909-792-3399

Neighborhood Cyclery, (951) 485-0910
24318 Hemlock Ave, Suite A3, Moreno Valley, 92557
www.neighborhoodcyclery.com

Pedals Bike Shop, (951) 683-5343
3765 Jurupa Ave. # L. Riverside, CA 92506
www.pedalsbikeshop.com

White's Bikes, (951) 242-4469
23750 Alessandro Blvd. Moreno Valley
<http://www.whitesbicycles.com>

Woodcrest Bicycle Center, (951) 780-4988
16960 Van Buren Blvd. Riverside, CA

Yucaipa Bike Center, (909) 790-1551
34844 Yucaipa Blvd. Yucaipa, CA
<http://www.yucaipabikecenter.com>

FRIENDS of RBC
Inland Empire Biking Alliance
<http://iebikingalliance.org/>



Riverside Bicycle Club Affiliations
IMBA International Mountain Bike Association
LAB League of America Bicyclists
Riverside County Trails Commission,
USACYCLING United States Cycling Federation.

2018 Board

President; John Hawksley
(909) 653-BIKE hawksley55@gmail.com

Vice President; Lisa Reece
(909) 747-4833 lreece70@msn.com

Secretary; Robert Pincus
(909) 633-9969 rpincus0@gmail.com

Treasurer; Andrea Evans
(909) 645-4480 Tennisxone@hotmail.com

Road Ride Chair; Bob Dunning,
951-318-3946 chiefdun@hotmail.com

Mountain Bike Chair; Rhett (Doc) Nelson
(909) 229-6576 rhett.nelson@icloud.com

Public Relations; Eric Lewis
(951) 902-9019 eric_denise@yahoo.com

Membership; Stirling Yearian
(951) 287-8235 rexgaloure@msn.com

Communications; Vicki Yearian
(951) 943-1747 fodofixer@msn.com

Weekend, A Ride Leader. Michele Hampton
Weekend, B Ride Leader: John Reece
Weekend, C Ride Leader: Robert Younkin
Weekend, D Ride Leader: John Hawksley
Weekend, E Ride Leader: OPEN
T/Th evening A/B group; Andrew Holybee
T/Th evening C group: Wilson K.
T/Th evening D/E group: OPEN
Saturday morning Fast A/B/C group: OPEN
Saturday morning Casual D/E group: Bob Dunning
THANK YOU RIDE LEADERS!

Webmasters;: Stirling & Vicki Yearian , fodofixer@msn.com
TDW Webmaster: Malcolm Bader, Mbader@slauson.com,
Newsletter Editor: Vicki Yearian, Fodofixer@msn.com
Newsletter submittals deadline, by the 20th of the month.

Riverside County; Mark Brewer, Park Planner, (951) 955-4316, Dan Nove, Asst Park Planner, (951) 955-6998
Riverside City; Jenna Combs, Public Utilities Rep, (951) 826-5847, General Info or issues, (951) 826-5311 or 311 app
San Bernardino County, Regional Parks Dept. Paul Krause, (909) 387-2346, (909) 384-2052 fax



Membership Application

P.O. Box 55160, Riverside, CA 92517-0160
www.riversidebicycleclub.com



Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date. Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Birth date ____/____/____

Your Phone (____)____-____ I.C.E. phone (____)____-____
Incase of emergency

For Family Memberships, please list all names and birth dates of participants below; (up to 6)

Name _____ (dob) _____

Name _____ (dob) _____

Name _____ (dob) _____

Please check all that apply;

- Yes, it's OK to share this info with the Club.
- No, do not share my info.
- Yes, I am interested in being a ride leader.

What are your biking interests?

- Road riding
- Mountain biking
- Touring
- Tandem
- Racing
- Single speed
- Velodrome
- Collecting
- Restoring
- Social riding

How did you hear about us?

- Bike shop
- Web
- Friend
- Other _____

HELMETS ARE REQUIRED ON ALL RIDES

RELEASE: With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity. I give my permission to Riverside Bicycle Club and outside media agents (newspapers, television, etc.) to take photographs, video, and otherwise document me in the activities of this club. I give permission for any photographs or video material to be used in publicity about the club and organization in or on website, promotional materials, newspaper/magazine articles, etc.

(Signature) (Date) (Spouse / other adult family member or legal guardian if under 18) (Date)

DUES:

Individual.....\$30
Family.....\$40
Booster.....\$50

("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)

The following options allow you to save \$5 but you must acquire the newsletter via the web.

Individual SAVER\$25
Family SAVER\$35

TOTAL ENCLOSED \$ _____

Make Check Payable to;
Riverside Bicycle Club
and mail to;

RBC Membership
P.O. Box 55160
Riverside, Ca. 92517-0160

Check answers;

- I'm a NEW member.
- I'm renewing.
- My info has changed.
- My info has not changed.

<u>OFFICE USE ONLY</u>	
CK # _____	ck date _____
Date received _____	
Card(s) issued _____	excel _____

THE SPOKE'N WORD



Riverside Bicycle Club, Inc.
P.O. Box 55160
Riverside, Ca 92517-0160

v 171, March 2018

RIVERSIDE BICYCLE CLUB www.Riversidebicycleclub.com

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

Recycle this newsletter!

Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.* **DEADLINE TO SUBMIT** for the newsletter is 22nd of the month. The oldest continuous bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is mailed to all current club members.

Please send articles, comments, letters to:
Vicki Yearian
Fodofixer@msn.com
Editor, Spoke'n Word
Riverside Bicycle Club
P.O. Box 55160
Riverside, CA 92517

Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

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Opinions of the authors do not necessarily reflect the views of the RBC, Inc.

Anonymous articles are published at the discretion of the editor.