



The Spoke'n Word

May, 2018

Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 www.Riversidebicycleclub.com

Join us for the
CLUB MEETING
on the third Wednesday of each
month at 7:00 p.m. at the



6951 Flight Rd. Riverside.

Come early, have a great meal

DEADLINE to submit for this newsletter is the 22nd of the month
send to; fodofixer@msn.com

The E group is BACK!

INSIDE THIS ISSUE:

- 2, A note from the President
- 3, Event Calendar
- 4, Theresa, teacher of the Year!
Shout-out to Francisco & Get Well
wishes to Elaine Hart
- 5, Ladies ride pic, & E group returns
- 6, RPD report & safe cycling
- 7, 56 cyclist killed
- 8, continued
- 9, General Information
- 10, References & 2018 board
- 11, Membership Application



Every 3rd Sunday



A note from the President,

On May 16th instead of our regular club meeting we had The Ride of Silence, an annual event, to commemorate those we have lost during the past year. If you did not have an opportunity to join us this year unfortunately we will have the Ride of Silence again next year. The Ride of Silence is an opportunity to demonstrate to the public our desire for safe roads in our community. There were many riders; some club members and some from the community that joined us for our silent procession through the city of Riverside. Thank you all for coming out and showing your support. Also, I'd like to say thank you to Mark Weidhase for driving sweep behind us.
John Hawksley

The Ride of Silence Poem

*Tonight we number many but ride as one.
In honor of those not with us,
friends, mothers, fathers, sisters, sons.
With helmets on tight and heads down low,
We ride in silence, cautious and slow.
The wheels start spinning in the lead pack.
But tonight we ride and no one attacks.
The dark sunglasses cover our tears.
Remembering those we held so dear.
Tonight's ride is to make others aware,
The road is there for all to share.
To those not with us or by our side,
May God be your partner on your final ride.*

*Fewer died riding their bikes
in Southern California since
last year's Ride of Silence.
But, 56 is still too many!*

2014..... 86
2015..... 73
2016..... ??
2017..... 62
2018..... 56

Goal for 2019..... 0



RIDE of SILENCE, May 16, 2018. In unity with cyclist worldwide

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 RBC morning ride
3 RBC morning ride	4	5 RBC evening ride	6	7 RBC evening ride	8	9 RBC morning ride & Beginner's ride
10 RBC morning ride	11	12 RBC evening ride	13	14 RBC evening ride	15	16 RBC morning ride & SART clean-up
17 RBC morning ride & the E group too!	18	19 RBC evening ride	20 CLUB MEETING 7PM	21 RBC evening ride	22	23 RBC morning ride
24 RBC morning ride	25	26 RBC evening ride	27	28 RBC evening ride	29	30 RBC morning ride

START TIMES:

8:00 a.m. Weekend rides **Oct.-April.**
7:30 a.m. Weekend rides **May-Sept.**
6:30 p.m. Tuesday & Thursday evening rides.
7:00 p.m. Club Meeting, 3rd Wednesday each month.

Saturday mornings from Canyon Crest Town Centre.
 Sunday mornings from Downtown, see page 2 for more info.
 RBC CLUB MEETING at D&D Airport Café, 6951 Flight Rd., Riverside, (951) 688-3337. Come early, get something to eat. Gather near the back windows. Non members are gladly welcome to our meetings!
 Check out Team Dirty Work on Facebook for their current schedule.

UPCOMING EVENTS

June 9, RBC's BEGINNER'S RIDE. 10AM, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot. Learn to ride safely in a group.
June 16, SART Clean-up, 8:00am, volunteers needed to help pick up trash starting at Dog park to Bonaminio park. Sponsored by (DANA) Downtown Area Neighborhood Alliance. If you ride this trail your participation will be most appreciated.
June 17, E group is scheduled to ride. Come join us for a fun, casual, very social ride with a coffee break in the middle. See page 9 for guidelines.
June 20, Club Meeting, 7:00pm speaker will be our own Mark Weidhase on Project Hero. see page 1
July 7, Queen Mary Ride, from Huntington beach
 July 14, Book signing,
July 18, BIKE SWAP MEET at Club Meeting 7pm

at D&D Cafe
Aug 5, TOUR DE BIG BEAR
Sep 8, AMTRAK CENTURY
Sep 8, MAMMOTH GRAN FONDO
Sep or Oct, RBC SMOG TO SURF
Oct. 6, CITRUS CLASSIC
Nov 10, TOUR DE FOOTHILLS
Nov 11th, RBC Veterans Day
Nov (After Thanksgiving), RBC Turkey Burn
Dec 19th, RBC Christmas Dinner Party, 6pm



"What does RBC club member, **Theresa Pearce**, do the day after she wins Fontana District Teacher of the Year? She rides her bike to work, of course, 28 miles round trip for National Bike to Work Day, May 9th."

CONGRATULATIONS THERESA!

**BIKE
with the
MAYOR
in June**

Starting from Orangecrest
No date set as of this publication

**A BIG SHOUT-OUT
for Francisco Lamas!**

On May 2, UCR was promoting biking in Riverside. Even though it was damp and chilly weather Francisco manned the RBC table, from 11:30-1:30 at the Bell Tower Lawn, spreading the joys and benefits of group rides with RBC. Several young people will be joining us because of Francisco spreading a good word for our club. Thank you again Francisco.

GET WELL WISHES TO:

Elaine Scott Hart wrote on FB May, No bike riding for a couple months and no operating or delivering babies for the next 3 weeks after a fall off my bike riding through the tulip fields in Holland. Tore my rotator cuff and have an occult fracture of my upper left arm. Holland was beautiful though and everyone rides a bike!



Cool weather, but no rain in OC for RBC Ladies Ride May 12 from Tustin around the Back Bay. Lovely ride with lovely people. Thank you ladies and gentlemen; Marianne, Rebecca, Chris, Pat, Andrea, Lisa, Vicki, Linda, Edith, Jerady, Elaine, Cammi, Susan, Roger, Robert, Taylor, John and John.



Debbie, Marie, Brad, Bill, Jeff, Taylor, Andrea, Craig, Darrell, and Bob all rode with the E group on May 20, 2018. We are hoping to make this a regular Sunday ride again if the interest keeps growing. Hope to see you there June 17!



Riverside Police Department Report

May 22, 2018

Bicycle fatalities are rising in California as more people use bicycling for commuting, exercise and recreation. Locally, Riverside Police Department has investigated 295 fatal and injury collisions involving bike riders during the past three years.

California witnessed 147 bicyclist deaths in 2016, accounting for over four percent of all traffic fatalities, much

Drivers:

- 'Share the road' with bicyclists.
- Be courteous; California law now mandates at least three feet of clearance when passing a bike riders.
- ♦ Look for cyclists before opening a car door or pulling out from a parking space.



- Yield to cyclists at intersections and as directed by signs and signals.
- Be especially watchful for riders when making turns, either left or right.

higher than the national average of over two percent. Nationally, 70 percent of all bicyclists who died in motor vehicle crashes in 2015 died in urban area crashes. Over a 10-year period (2006 to 2015), the average age of -cyclists killed in motor vehicle crashes has steadily increased from 41 to 45.

The following safety tips can save lives and stop this tragedy witnessed far too often in Riverside.

Bicyclists:

- Wear properly fitted bicycle helmets every time they ride. If under 18 years of age, it's the law.
- A helmet is the single most effective way to prevent head injury resulting from a bicycle crash.
- Riders are considered vehicle operators; they are required to obey the same rules of the road as other vehicle operators, including obeying traffic signs, signals, and lane markings.
- When cycling in the street, cyclists must ride in the same direction as traffic.
- Bicyclists should increase their visibility to drivers by wearing fluorescent or brightly colored clothing during the day, at dawn and dusk
- To be noticed when riding at night, the law requires a front light and a red reflector to the rear.

Lane Position is the Most Important and Most (Constantly) Used Form of Cyclist Communication



From THE SAVVY CYCLIST

56 CYCLIST KILLED

in Southern California in the last 365 days.

The nation just had the Ride of Silence to bring awareness of cyclist killed on public roads.

Just from So. Cal in the last 365 days;

2 were children under 18yrs old
1 of them was killed on Easter Sunday
20 cyclist died from HIT and RUN
7 of those were hit more than once!

Please Remember Their Names;

Unidentified man hit at 5:30pm. No further info. 4/26/18, City of Orange.

58yr Brian Jennings from Alpine, killed when 67yr driver fell asleep. 4/18/18, San Diego.

53yr Lenny Trinh doored at 5pm. then run over, 18th. 4/17/18, Burbank.

Hit-and-run, 60yr old in crosswalk, struck by one car and run over by another one at 12:15pm. 4/16/18, South Los Angeles.

22yr Fredrick Frazier, known as Woon to his friends, described as a strong, experienced cyclist. 12:47pm. 4/10/18, South Los Angeles.

80 year old man, killed while riding, 7:46am. 4/6/18, Norwalk.

74yr Peter Harvey, killed at 10:13am. on Bob Hope Dr., straight, wide, traffic lanes in each direction with a 50 mph speed limit. 4/2/18, Rancho Mirage.

15yr Sebastian Montero, struck head-on in crosswalk area by a speeding driver who accelerated through the intersection as soon as the light changed, catching Montero before he could get across the street. 4/2/18, San Fernando Valley, 11:40am. Easter Sunday.

54yr, Elisa Gomez, killed by FedEx driver in LA hit-and-run, 8:40am. The FedEx truck pulled out from a stop sign, witnesses reported the woman was directly in front of the truck when the driver hit her and kept going following the impact, dragging the victim under the truck, then continued without stopping. Elisa was pronounced dead at the scene, left to die in the middle of the intersection. 3/15/18.

24yr Cole Micek, found lying on the Terminal Island Freeway around 3:00am. His undamaged bike was found leaning against the sound wall on the side of the freeway, suggesting that he may have left it there before walking onto the roadway. 3/9/18, Long Beach double hit-and-run.

60yr Kathleen Ann Cua dies one day after Imperial Beach crash from a left-

turning driver. Kathleen was one of three people riding at 5:15pm when she was struck by a car and crashing her into the windshield. The driver told investigators that he did not see Cua until she hit his windshield — which should be seen as a confession, rather than an excuse. He also told that he didn't think Cua saw him before the impact as he saw a look of surprise as he slammed into her. 2/28/18.

49yr, Mark Kristofferson killed by a speeding driver and Mark's fiancé was badly injured. 22yr, Ronnie R. Huerta Jr. was traveling at over twice the 50 mph speed limit when he lost control and slammed into the victims. 2/12/18, Tour de Palm Springs.

Bike rider killed in collision with Expo line train in South LA. Three males were riding their bikes when they attempted to cross tracks despite an approaching train. The first rider made it. The other two were hit by the empty Expo train. 2/7/18.

Homeless man in his 50's killed on bike in San Diego at 6:15pm. The driver of the car claimed he could not see the darkly clad rider until it was too late. 1/24/18.

34yr Brandon Mayberry of Redlands dies two days after crash in Highlands.

Brandon was rear-ended by the driver of the truck at 7:30pm. The driver reportedly stayed at the scene and cooperated with investigators. 1/23/18.

59yr Thomas Demetrius Adams, killed in So LA. driver fled in second car. The driver, a woman in her 20s, was exiting a driveway, and failed to see Adams before backing into him. She initially stopped to render aid before fleeing the scene with two men in a white vehicle. Witnesses struggled to free the victim from under the van; he died after being taken to a hospital. 1/12/18.

Unidentified male mountain bike rider collapsed and died in front of South Coast Global Medical Center 6:30am. 1/12/18.

Bike rider killed in Muscoy, 1:05am. hit-and-run; first SoCal bicycling death of 2018. The driver fled the scene, apparently without stopping. No info is available on the suspect or the vehicle at this time. There's also no info on how the collision occurred. 1/1/18.

48yr, Matthew Dale Barnett, killed in Lake Balboa crash, 2nd rider injured. Both were struck from behind at 6:30pm by an SUV. The driver stayed at the scene, no arrests were made. 12/29/17, Woodland Hills.

68yr, Jack Roger Laird, killed in Thermal at 12:06pm crash when driver, a

woman in her 20's, couldn't be bothered to observe a stop sign. 12/9/17, Jack was a resident of Bellingham, Washington. 43yr Khuda Dad, was rear-end at 5:57pm in Murrieta, and died. The driver stayed at the scene. 12/5/17.

52yr Elroy Preston, victim of intentional hit-and-run, at 6:27pm. Preston died later that night at hospital. The driver was 34yrs old, Dominic Deshaun Simmons of Fontana; the two men had been at the same home just before the crash. 11/27/17, SBDO.

24yr Michael Brian Brownstein, riding a motorized bike was struck from behind by a 70yr old woman at 5:49pm. She stayed at the scene. Brownstein died 2 hours later at hospital. 11/18/17, SBDO.

Boy & girl hit while in crosswalk in Long Beach at 3:55pm. Both taken to hospital. The boy passed away, the girl has non-life threatening injuries. 11/9/17.

61yr Tyron Paul Dade, killed in Rancho Cucamonga while crossing street at 6:25pm. He died in hospital 30 minutes later. 11/1/17.

64yr Alberto Velez Hernandez killed while riding at 4:41am. He died later at hospital. 10/30/17, West Covina.

87yr Lien Huu Ha, killed riding across intersection at 12:50pm. He died later at hospital. 10/28/17, Santa Ana.

54yr homeless bike rider, David Lee Macmillian, struck when he rode into traffic at 6:47pm. He died several hours later in hospital. 11/27/17, Santa Ana.

50 yr Latino man riding a mountain bike with reflectors died at the scene. Hit-and-run drunk driver. The 26-year old driver fled the scene, but was arrested, found in his car obviously intoxicated. 11/25/17, Koreatown.

23yr Kazumasa Nozaki, pedestrian walking his bike was hit from behind at 7:00pm. Witnesses followed white BMW for 5-10 minutes down PCH honking their horn in an attempt to get the driver to stop. Thanks to the witnesses the driver was caught. 10/16/17, Santa Monica.

52yr David Delorisses Rodriguez, rear-ended at 10:31am. Died of his injuries at hospital. 10/6/17, Yucca Valley.

57yr Vivian Thomas, hit-and-run, found lying on the side of the road at 6:26am. There's no word on how long she may have been there, or if she might have survived her injuries if the driver had stopped and called for help, as required by law. ---UPDATE; Thomas was struck from behind by a Chevrolet or GMC truck or SUV. She had been dead about six hours

when she was found, placing the time of the crash sometime around mid-night. 10/1/17, Hemet.

Unidentified man killed by drunk driver at 3:50pm, he was thrown approximately 100 feet, which suggests he was struck at a significant rate of speed. The car veered into the center median before slamming into a palm tree, sheering it off at the base. Victim died later at hospital. Thirty-year old Andrew Figueroa was arrested at the scene on suspicion of drunk driving, and could face a manslaughter charge. 10/1/17, Hawthorn.

78yr Gary Tomsen, Irvine Bicycle Club member, was on the club's regular Tuesday morning ride crashed, after possibly suffering a medical emergency, into a Caltrans truck that was stopped on the shoulder. The group doubled back when they learned of the crash, and discovered a doctor had already stopped and was performing CPR, to no avail. 9/26/17.

Bike ride killed at 2:39am, victim died on scene. No further info available. 9/24/17, Lake Elsinore.

26yr Damian Chase Frazier struck and killed by passing vehicle in the afternoon. 23-year old Wrightwood resident Sage Aaron Jones Goodman was arrested for hit-and-run. 9/17/17, Phelan.

41yr Bihn Ngo was riding a mountain bike when he was struck and thrown 60 feet into a parked car at 12:54am. 25-year old Huntington Beach resident Justin German was arrested later the same day after a tip from someone who recognized the car. 9/13/17, Fountain Valley, hit-and-run.

Unidentified man riding a mountain bike killed on Miracle Mile. No details available. 9/8/17.

50yr woman bike rider killed in double hit-and-run and thrown nearly 120 feet by the force of the impact at 11:23pm. The driver, later identified as 24-year old Van Nuys resident Erik Limon, fled the scene, leaving his victim lying unprotected in the street. Another driver ran over her as she was lying in the street; that driver also fled without stopping. Police suspect her bicycle was stuck under Limon's car as he fled, and disposed of later; as of this writing, it has still not been found. His car was recovered, and he was arrested at his home around 3:15 the next afternoon. 9/7/17, Van Nuys.

Unidentified man was taken to a local hospital where he was pronounced dead. The female driver remained at the scene; police do not suspect intoxication. No

other info is available at this time. 9/5/17, Redondo Beach.

70yr Paul Cornish a Wildomar resident, was struck from behind. Oceanside police were unable to revive him at the scene, and he died at hospital. The 25-year old driver reportedly veered into the bike lane where the victim was riding. He was arrested at the scene on an outstanding misdemeanor warrant, as well as driving with a suspended license. It was later discovered that the driver, Felix Ruizbazan, was driving a stolen car. 8/31/17, in Oceanside.

54yr John Anthony Holland, a Long Beach resident. The driver reportedly moved into the right lane to avoid Holland at the same time Holland made a U-turn to his right, putting him directly into the path of the car. 8/31/17, North Long Beach, 9:45am.

Unidentified white male hit. No other info is available. The driver stayed at the scene and called 911. 8/27/17, Ontario.

51-year old Odie Ervin dies after falling off car. Other cyclist injured when hit by same car. Odie jumped on the driver's side running board of the SUV in an attempt to stop the driver from getting away. The driver speed-off and made a sharp right turn resulting in Odie's death when he hit his head on a curb when he was thrown from the vehicle. Odie Ervin was a popular member of a local lowrider bicycle club. 8/14/17, LA County.

Unidentified victim, in his late 40s, died at the scene in hit-and-run at 1:20am. A witness reports seeing a Chevy Tahoe plow into the victim while speeding up to go through the red light. 8/12/17, So LA.

Unidentified 55yr man rear-ended on motorized bike at 10:30pm, leaving the victim lying in the street, where he was struck by a second driver a few minutes later. The second driver had the decency to remain at the scene. The 20-year old driver turned himself in to police two hours later. 7/31/17, Redlands.

59yr Paul Burke, hit from behind while riding on Old Hwy 395 at 3pm. The driver, 19-year old Sulem Areli Garcia, also of Fallbrook, reportedly veered off the road to strike the victim, who was pronounced dead at the scene. She was booked on suspicion of manslaughter and driving under the influence of drugs. 7/23/17, Fallbrook.

41yr Jose Vasquez-Perez, one of two hit-and-run victims dies, The driver, 23-year-old Taylor Evans, fled the scene after striking two people riding their bikes at 1:19 am. One of the two victims Costa

Mesa resident Jose Vasquez-Perez died at the scene. The other suffered undisclosed injuries. Driver, Evans, was arrested a few blocks away as he tried to push his damaged SUV out of the roadway. He was booked on suspicion of felony DUI with bodily injury, hit-and-run and vehicular manslaughter. 7/15/17, Newport Beach.

37yr man killed in a hit-and-run while riding his bike and towing a shopping cart at 11:04pm. 7/14/17, SBDO.

71yr Eliseo Quiroz was struck by the driver of a Hyundai Accent at 4:53 pm. Quiroz was trapped underneath the car, which continued on to strike two parked cars. Quiroz was taken to hospital after responding officers and bystanders lifted the car off him, where he was pronounced dead at 5:28 pm. 7/5/17, Garden Grove.

56yr Karen Antonich was riding with a partner when she was struck by a driver and killed 10:50am. 7/4/17, Big Bear.

Unidentified bike rider was killed in a crash with a truck parked in a La Quinta bike lane at 8:00am. 6/26/17, La Quinta.

47yr Ryan Dennis Angus struck in back of head with a wing mirror of a passing utility truck of at 8:27pm. He died at hospital. 6/18/17, Hesperia.

Unidentified man hit once, then hit again by a second driver as he was laying on the ground. He died later in hospital. The dark roadway has been the scene of several recent major accidents and fatal collisions. Which could make the city responsible for failing to correct the situation. No further info. 6/7/17, San Jacinto, 9:30pm.

Intentional hit-and-run. One bike rider killed and another injured at 12:45 am after leaving their jobs at a nearby restaurant they were struck by the driver of a pickup. A witness reported seeing the driver swerve into one victim, then swerve again to strike the other. The driver reportedly stopped to look at the crash scene, then got back in his truck and calmly drove away. Neither man has been publicly identified at this time. 5/24/17, Winnetka.

Many hundreds of cyclists are injured each year in SoCal alone, far too many to list here. Please ride safely and always be aware of distracted drivers.

Information gathered from BikinginLA

General Information for Group Road-Rides

- Non-members are welcome on all rides.
- Helmets are mandatory.
- Lights are required on all night rides.
- Riders are expected to bring the essentials. *See list bottom right.*
- "Pace average" refers to the average on your computer at the end of a ride. If we say an average of 13 – 15 mph, you will be riding over 15 and under 13 at times, but the average at the end will be 13 – 15.
- All speed listed below are guidelines.

A Group – Ride lengths will be 45-60 miles with the pace averaging over 18 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

B Group – Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Moderate to difficult terrain. Focus on performance development, pace lining and climbing. Group riding experience, general mechanical skills expected.

C Group – Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have group riding experience, basic bike handling and mechanical skill.

D Group – Ride lengths will be 20-35 miles with the pace averaging 11-13 mph. Mixture of flat/rolling hills with some moderate climbing. Regroup as necessary.

E Group – Ride lengths will be 15-25 miles in length. The pace will be according to the riding abilities of those riding that day. Some riding skills and comfort with road traffic involved. New riders always welcome and a good place to start. Assistance and instruction will be provided in basic skills of fixing flats, bike handling, and group riding. Regroups often.

Be prepared to start on time and have an enjoyable ride. Then stick around to enjoy a soda or snack and good company after the ride.

Contact:

Road Ride Chair: Bob Dunning,
951-318-3946
chiefdun@hotmail.com

Team Dirty Work: Rhett (Doc) Nelson
(909) 229-6576,
rhett.nelson@icloud.com

Group Rides where & when



Weekend road rides start;
8:00 Winter and 7:30 Summer.

*Please check the Ride Calendar page 3,
or website for exact dates & times*

Sunday is the best day to come ride the streets with us. We have 5 levels for you to choose; from fast-and-furious to cruising for coffee. Look for the cyclists on the Pedestrian Mall at 9th & Main. Park on University Av or at the old court house downtown Riverside.

Saturday rides leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop.

- ◆ **Fast group A/B/C;** 16-18 mph to Redlands.
- ◆ **Casual group D/E;** 11-15 mph varied per routes.

Beginner's Ride: see page 3 under calendar for full details.

Tuesday & Thursday evening rides meet at Baker's Burgers at 3522 Adam's Plaza, Adams Exit off 91 Frw. starts 6:30PM Winter, and Summer This ride usually has 3 groups.

- ◆ **Fast, A/B Group;** 25+ miles, 16 & up mph
- ◆ **Medium, C Group;** 20ish miles, 15ish mph.
- ◆ **Casual, D/E Group;** 15ish miles, 11ish mph

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.



TEAM DIRTY WORK is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends, bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit <https://www.facebook.com/groups/teamdirtywork/>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

Lights are required for ALL night rides!

ESSENTIALS for riding with RBC

- ◆ **CYCLING HELMETS ARE REQUIRED ON EVERY RIDE!**
- ◆ **CELL PHONE**
- ◆ **2 WATER BOTTLES OR HYDRATION PACK** and/or energy drink
- ◆ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ◆ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ◆ **ID CARD AND EMERGENCY INFORMATION CARD**
- ◆ **YOU AND YOUR BIKE** (both in safe working condition)

Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount.

The following is a list of participating bike shops:

AJ's Bicycles, (951) 674-6161

31861 Mission Trail, Lake Elsinore, CA

www.ajsbikes.com

Citrus Cyclery, (951) 444-7353

9022 Pulsar Court, Corona, CA 92883

www.citruscyclery.com

Cyclery U.S.A., Inc. www.cycleryusa.com

10000 Magnolia, Riverside, (951) 354-8444

415 A Tennessee, Redlands, (909) 792-2444

7890 Haven Ave. Suite 9, Rancho Cuca, (909) 466-5444

Cyco-Path, (951) 695-4823

29760 Rancho California Rd., #107, Temecula, CA 92591

<http://cycopath.com/index.cfm>

Don's Bikes of Rialto, www.donsbikeshop.com

384 S. Riverside Av, Rialto, (909) 875-7310

700 E. Redlands Blvd. #B1, Redlands, 909-792-3399

Neighborhood Cyclery, (951) 485-0910

24318 Hemlock Ave, Suite A3, Moreno Valley, 92557

www.neighborhoodcyclery.com

Pedals Bike Shop, (951) 683-5343

3765 Jurupa Ave. # L. Riverside, CA 92506

www.pedalsbikeshop.com

White's Bikes, (951) 242-4469

23750 Alessandro Blvd. Moreno Valley

<http://www.whitesbicycles.com>

Woodcrest Bicycle Center, (951) 780-4988

16960 Van Buren Blvd. Riverside, CA

Yucaipa Bike Center, (909) 790-1551

34844 Yucaipa Blvd. Yucaipa, CA

<http://www.yucaipabikecenter.com>

FRIENDS of RBC

Inland Empire Biking Alliance

<http://iebikingalliance.org/>



Riverside Bicycle Club Affiliations

IMBA International Mountain Bike Association

LAB League of America Bicyclists

Riverside County Trails Commission,

USACYCLING United States Cycling Federation.

2018 Board

President; John Hawksley

(909) 653-BIKE hawksley55@gmail.com

Vice President; Lisa Reece

(909) 747-4833 lreece70@msn.com

Secretary; Robert Pincus

(909) 633-9969 rpincus0@gmail.com

Treasurer; Andrea Evans

(909) 645-4480 Tennisxone@hotmail.com

Road Ride Chair; Bob Dunning,

951-318-3946 chiefdun@hotmail.com

Mountain Bike Chair; Rhett (Doc) Nelson

(909) 229-6576 rhett.nelson@icloud.com

Public Relations; Eric Lewis

(951) 902-9019 eric_denise@yahoo.com

Membership; Stirling Yearian

(951) 287-8235 rexgaloure@msn.com

Communications; Vicki Yearian

(951) 943-1747 fodofixer@msn.com

Weekend, A Ride Leader. Michele Hampton

Weekend, B Ride Leader: John Reece

Weekend, C Ride Leader: Robert Younkin

Weekend, D Ride Leader: John Hawksley

Weekend, E Ride Leader: OPEN

T/Th evening A/B group; Andrew Holybee

T/Th evening C group: Wilson K.

T/Th evening D/E group: OPEN

Saturday morning Fast A/B/C group: OPEN

Saturday morning Casual D/E group: Bob Dunning

THANK YOU RIDE LEADERS!

Webmasters;: Stirling & Vicki Yearian , fodofixer@msn.com

TDW Webmaster: Malcolm Bader, Mbader@slauson.com,

Newsletter Editor: Vicki Yearian, Fodofixer@msn.com

Newsletter submittals deadline, by the 20th of the month.

Riverside County; Mark Brewer, Park Planner, (951) 955-4316, Dan Nove, Asst Park Planner, (951) 955-6998

Riverside City; Jenna Combs, Public Utilities Rep, (951) 826-5847, General Info or issues, (951) 826-5311 or 311 app

San Bernardino County, Regional Parks Dept. Paul Krause, (909) 387-2346, (909) 384-2052 fax



Membership Application

P.O. Box 55160, Riverside, CA 92517-0160
www.riversidebicycleclub.com



Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date. Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Birth date ____/____/____

Your Phone (____)____-____ I.C.E. phone (____)____-____
Incase of emergency

For Family Memberships, please list all names and birth dates of participants below; (up to 6)

Name _____ (dob) _____

Name _____ (dob) _____

Name _____ (dob) _____

Please check all that apply;

- Yes, it's OK to share this info with the Club.
- No, do not share my info.
- Yes, I am interested in being a ride leader.

What are your biking interests?

- Road riding
- Mountain biking
- Touring
- Tandem
- Racing
- Single speed
- Velodrome
- Collecting
- Restoring
- Social riding

How did you hear about us?

- Bike shop
- Web
- Friend
- Other _____

HELMETS ARE REQUIRED ON ALL RIDES

RELEASE: With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity. I give my permission to Riverside Bicycle Club and outside media agents (newspapers, television, etc.) to take photographs, video, and otherwise document me in the activities of this club. I give permission for any photographs or video material to be used in publicity about the club and organization in or on website, promotional materials, newspaper/magazine articles, etc.

(Signature) (Date) (Spouse / other adult family member or legal guardian if under 18) (Date)

DUES:

- Individual.....\$30
- Family.....\$40
- Booster.....\$50

("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)

The following options allow you to save \$5 but you must acquire the newsletter via the web.

- Individual SAVER\$25
- Family SAVER\$35

TOTAL ENCLOSED \$ _____

Make Check Payable to;
Riverside Bicycle Club
and mail to;

RBC Membership
P.O. Box 55160
Riverside, Ca. 92517-0160

Check answers;

- I'm a NEW member.
- I'm renewing.
- My info has changed.
- My info has not changed.

<u>OFFICE USE ONLY</u>	
CK # _____	ck date _____
Date received _____	
Card(s) issued _____	excel _____

THE SPOKE'N WORD



Riverside Bicycle Club, Inc.
P.O. Box 55160
Riverside, Ca 92517-0160

v 174, June, 2018

RIVERSIDE BICYCLE CLUB www.Riversidebicycleclub.com

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

Recycle this newsletter!

Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.* **DEADLINE TO SUBMIT** for the newsletter is 22nd of the month. The oldest continuous bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is mailed to all current club members.

Please send articles, comments, letters to:
Vicki Yearian
Fodofixer@msn.com
Editor, Spoke'n Word
Riverside Bicycle Club
P.O. Box 55160
Riverside, CA 92517

Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

Permission hereby granted to republish material from *The Spoke'n Word* if credit is given to author, *The Spoke'n Word*, and the Riverside Bicycle Club, Inc., of Riverside, California.

Opinions of the authors do not necessarily reflect the views of the RBC, Inc.

Anonymous articles are published at the discretion of the editor.