



# The Spoke'n Word

April 2019

## Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 [www.Riversidebicycleclub.com](http://www.Riversidebicycleclub.com)

Join us for the

### CLUB MEETING

every third Wednesday at 7:00

**City Hall Cafe**

**Downtown**

**Riverside**

3900 Main Street  
Riverside, CA 92501

**DEADLINE for newsletter is the 20th of the month  
send to; [fodofixer@msn.com](mailto:fodofixer@msn.com)**

Brian Sable

5/1/66 - 3/23/19

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## A Note from our President, John Hawksley.



On March 23rd the cycling community suffered the great loss of our dear friend, Brian Sabel, early in the morning when a Hit & Run drive took Brian's life. In no way does our loss compare to the loss of Brian's family. A ghost bike has been placed and we await the families decision on when and where we will have a memorial ride. My heart goes out to all who love Brian and my prayers are with the family in this devastating time.

John Hawksley

### BICYCLIST DIED IN HIT & RUN ON VICTORIA AVE IN RIVERSIDE

[PE.com](#) 3/24/19, by Richard K. De Atley

A 52-year-old Riverside man has been identified as the bicyclist killed after a hit-and-run collision on Victoria Avenue just west of Myers Street in the city, authorities said.

Brian Sabel was found in the west-bound bicycle lane of the roadway by police called there at 7:45am on Saturday March 23. He died at Riverside Community Hospital about 45 minutes later, the Riverside County Coroner said.

Riverside fire Battalion Chief Michael Staley said, Sabel had a head injury and appeared to have been hit by a vehicle..

There was no description of the vehicle that struck Brian.

The Riverside Police Department's Major Accident Investigation Team is investigating. The department asks anyone with information on the collision to call Riverside Police Traffic Detective Z. Fishell at 951-826-8723 or [zfishell@riversideca.gov](mailto:zfishell@riversideca.gov).

Mary Diaz posted this lovely poem on Brian Sabel's FaceBook page;

#### ***I AM A CYCLIST***

*I am a father, a mother, a daughter, son, friend, acquaintance or just a random stranger.... I am a cyclist...*

*I choose to live life...I choose to ride my bike...I want to enjoy the freedom that being on a bike gives you.*

*I ride to work... I ride for the social aspect...I ride to be healthy...I ride to compete...I ride to loose weight...I ride for fun...I ride to find peace...*

*When the rubber of my bike meets the road, I forget about the stresses in life, cell phones, emails, texts, fake lives all over social media, problems at home, politics, and daily stresses of life...*

*It's my quiet place... it's my sanctuary...when riding with my friends in that moment, those miles....we are all the same...speeds, abilities no longer matter...we are all there to do one thing, ride, be safe... get home...I want to ride tomorrow...I want to ride again and again...*

*Yet when I get on get on my bike, I know not what the road is going to bring me...the trip...the miles...the destination...the return...I need to get back safely to my family...they await me...they expect me to be there...I have a wife, a husband, children, friends...I have a family...I have a job...I follow the rules*

*of the road...safety is paramount...always on the defense... looking, hearing for cars...are they on their cell phones? Are they distracted? Did they have a good day? Are they mad at someone or a situation? Are they texting? Have they been doing drugs? Are they sad? Will they see me? Am I bright enough? Do they see my lights? Am I visible?*

*I love to ride because it brings together so many people who have different goals...*

*Riding does so many things for some...whether it's a way out of depression, overcoming addictions, adversity, finding new friends, feeling the air in our face, setting new goals, seeing new places....it allows us the opportunity to get out of the daily rut and grinds of life....it makes us feel alive...*

*I tell you this because I can no longer ride...please...continue to ride for me...ride for my family... ride for my friends...ride for all of those cyclists that did not make it home today....continue to advocate for all of us who can no longer ride...please continue to ride...continue to carry me and all of the cyclists on your journeys... We are with you....we are just riding on a different road....I am a cyclist.- Mary Diaz*

# April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 RBC evening ride	3	4 RBC evening ride	5	6 RBC morning ride
7 RBC morning ride	8	9 RBC evening ride	10	11 RBC evening ride	12	13 RBC morning ride & Beginners ride
14 RBC morning ride	15	16 RBC evening ride	17 CLUB MEETING 7PM City Hall	18 RBC evening ride	19	20 RBC morning ride
21 RBC morning ride	22	23 RBC evening ride	24	25 RBC evening ride	26	27 RBC morning ride
28 RBC morning ride	29	30 RBC evening ride				

## START TIMES:

**8:00 a.m.** Weekend rides **Oct.-April.**

**7:30 a.m.** Weekend rides **May-Sept.**

**6:30 p.m.** Tuesday & Thursday evening rides.

**7:00 p.m.** Club Meeting, 3rd Wednesday each month.

- ◆ Saturday mornings from Canyon Crest Town Centre.
- ◆ Sunday mornings from Downtown, see page 9 for more info.
- ◆ T/Th evenings from Stater Bro's lot, Mary & Lincoln
- ◆ RBC CLUB MEETING at RIVERSIDE City Hall. Non members always welcome! Check FB for pre-meeting meal with friends.
- ◆ See Team Dirty Work on Facebook for their schedule.

## UPCOMING EVENTS

Apr 13, Mulholland Challenge, KOM,

Apr 13, RBC's BEGINNER'S RIDE. 10AM, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot. Learn to ride safely in a group.

Apr 17, RBC club meeting, 7pm NEW LOCATION! Riverside City Hall. Open to all.

Apr 27, Breathless Agony ride, KOM,

Apr 27, Tour de OC

May 11, Rosarita Ensenada

May 12, Tour de Long Beach

May 15, Ride of Silence, Club meeting

May 18, Heartbreak Hundred, KOM,

May 18, San Diego Century

May 19, Finish The Ride, Griffith Park

May 24-27, Paso Robles Cycling Festival

June 9, LA River Ride

June/July RBC Queen Mary Ride

Aug 3, Tour de Big Bear

Sept 7, Mammoth Gran Fondo

Sept, RBC Smog to Surf



## Comments about Hit & Run from FaceBook;

**FB, Larsen Bee;** Hit & Run deaths don't make me sad. They make me angry! They aren't "accidents" and penalties need to reflect that. I think the first step is to stop responding to these killings the same way we respond to a death by natural causes or by a mishap. I don't mean the response from family and friends of the victim; intruding on grief is inappropriate. I mean as cyclists. I wonder if it's possible to get a ballot measure requiring a 10 year minimum sentence for Hit & Run (of any type - cyclist, pedestrian, vehicle occupant) and 5 year minimum for Hit & Run injury, plus additional time deemed by a judge. It would not apply to those who remain at the scene of a collision and assist the victim.

**FB, Andrea Clark Crider;** I agree!! There needs to be stiffer punishments for these "accidents"!! It is ridiculous they are getting only a ticket, if that, for turning people's lives upside down! We need to band together to get the laws changed!!

**FB, Joe Ganino Jr.;** "not sure what the answer is. No police patrolling anymore. The ones that are have there hands tied by politics. The guy who hit me five weeks ago will have nothing done to him. No insurance and he drove away with only a ticket. No insurance ticket was \$220 after hitting me, "Three Foot Rule" ticket was \$30! Truck should have been towed and impounded! Three Foot ticket with contact should be \$2,000 first offense. **I have a steel plate in my shoulder for the rest of my life!** But I am grateful to be alive to ride another day." "Where do we even start to effect change? Sacramento? From where I sit, it appears this is only the beginning. Hit and runs are in the news every day of the week. My first purchase for my new bike is front and rear cameras, sad day..."

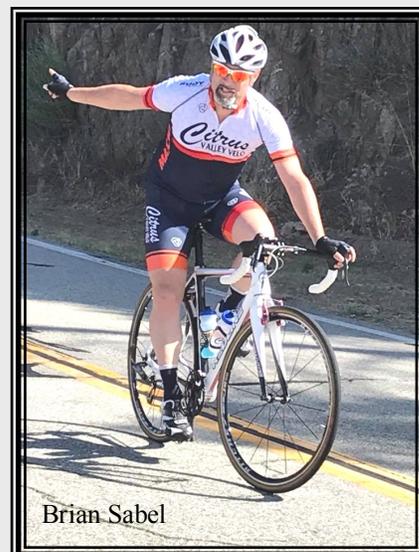
**FB, Joey Marroquin;** It's my strong feeling that having cameras nowadays is indispensable. I was there when two RBC riders were struck by a truck with one resulting in a broken bone. We read of and hear of many cycling tragedies, particularly close to home, and now this tragedy right in our home and to one of US... and though we press on and will not be ruled by fear, we can still take some precautions and safety measures which include the witness of a camera. Some of us will still brave it alone but adding the extra sense of a camera will greatly help in situations when these people hit then run. Many affordable op-

tions out there, this is just one example below. Definitely something to consider whether alone or in a group ride.

**FB, Bruce Meeks;** I'm considering buying front and rear cameras for my bike. The ones that I'm considering are from CycliQ (the Fly12 CE for the front, and the Fly6 CE for the rear) <https://cycliq.com> The thing about these cameras that I like are they have image stabilization, they loop the recording, and if you're involved in an incident, they automatically lock the footages so it can't be overwritten. I'm interested if anyone in the club has them, and if you do, how do you like them? Also, I'd like to hear if anyone has any other recommendations for another camera. Thanks in advance to everyone for your help. **Reply Eric Lewis;** I have the Fly12 and it works great. Videos are manageable in 5 minute segments and the footage loops over itself. I captured a couple of bad situations (intended and unintended dooring) and crash footage from a shop ride. If you run it with a separate light, the battery will last for quite awhile. The app on your phone works good too. I hope this is helpful. **Reply, Andrew Holybee;** low light reception could be better but there isn't s better option for the battery life and quality front and back cameras with integrated lights.

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**FB, Jim Bartlebaugh;** Brian was a local Riverside cyclist who was well liked by many. Most importantly he was a husband, father, brother. He will be missed by many. Please, pray for his wife and daughter he leaves behind.



Brian Sabel

# PLAIN WRAP RIDE 2019



CONGRATULATIONS RBC! Our club was 66 riders strong for the 8th Annual Plain Wrap Ride!

Many of you know we started this ride 8 years ago when we saw a need to support cycling related charity, community outreach and advocacy activities and organizations in the Inland Empire. Our feeling was that these activities help to improve the image of cyclists to the general public which in turn, contributes to our safety. It's good that a driver of a two-ton vehicle passing us at 60 MPH having a favorable impression of us! Thanks to the support of our club the Plain Wrap Ride gave back \$660 for the board to donate to a cycling related charity and/or advocacy group.

What's in the name "Plain Wrap"? Most of us will remember in the 80's plain wrapped products in supermarkets and convenience stores in white packaging and blue stripes with the generic name labeling such as cigarettes, tissue, sporks, beer, etcetera. Nothing fancy, but great value. Corey thought this was a great way to brand our ride- just the basics without a lot of frills at a reasonable price.

Our ride originated in Pomona at Coates Cyclery, one of the oldest bike shops in the Inland Empire that celebrated 85 years in business before closing four years ago. After closing his shop, Corey McCroskey, the owner of Coates Cyclery, became the regional manufacturer's representative for Bianchi Bicycles, the oldest continuous bike manufacturer in the world. Three years ago, Corey and I decided to partner with Ride Yourself Fit in Redlands to continue what we started. It's been a great partnership with tremendous volunteer support and great leadership from Doc Wilson, Ron Mutter and Alesandra Wilson.

The same year we partnered with Ride Yourself Fit, Craig Kundig, owner of Cyclery USA, became a gen-

erous, supportive sponsor. Craig is also a founder of the Redlands Bicycle Classic and approached us last year to put on the Plain Wrap Ride during the Classic. Both organizations are very pleased with this year's event and look forward to enjoying a long, successful partnership- we already have some exciting ideas for next year's ride!

Thanks to our club for making the Plain Wrap Ride a success!!!!!!

Greg Armstrong

*Pic Right, RBC presidents; John Hawksley, Chris Wassman, & Pete Staylor support this fine ride. "Over a decade of leadership. I sincerely thank those who have come before me and allowed me the joy I have cycling with my friends."*  
John Hawksley.





**Robert Lopez**, “I survived the Plain Wrap Ride, I even finishing it. LOL. It was a whopping 62 miles with 2,400 feet of climbing. Of course Sandy and Eileen McAllister Meyers, and Arlene Lum were like “la la la la”. But with 6 miles to go I was feeling it everywhere, but knew I needed to push on to the Finish Line. Thanks for the company and push Chris Barlow, Jeff Gove, Kevin White, & Khoa Luu Great SAG stocked rest stops.”

**Helen Baca**; RBC was well represented today at the 8th Annual Plain Wrap Bicycle Ride. It was good to see all the familiar faces. Weather was great. Then many of us had lunch together and headed back to watch the Women’s and Men’s Redlands Classic Criterium Races.



## **“A/B” will now be SEPARATE GROUPS**

John Reece, The B-Group Ride Leader, 3/2/19, wrote on FB; Hello RBC, I have been concerned for quite some time about us not being fair to the groups. As you know, the A-group and the B-group usually take the same route on Sundays. Michele Hampton, A-Group Leader, and I have been talking about how to handle the swelling ranks of the faster rides on Sundays and how to maintain quality, enjoyable rides for everyone. The problem is that the true B-group riders essentially get dropped off the fast pace of the A-group. The B’s end up sweeping and picking up stragglers. While this is great support for the A-group and allows the lead pace to go as fast as they can, it makes for a poor quality group-ride for the B riders. We don’t get the chance to encourage strong C-riders to join. We rarely have enough stronger riders left to run a good pace-line or support those wanting to move up from the C-group, etc. So for this reason here it is.

**ANNOUNCEMENT #1. We are officially separating the A and B Groups**, Michele and I will plan separate destinations each Sunday. I would also like to re-affirm the speed and pace of the B-Group and describe my intentions as B-Ride Leader. The B guideline is published as 35-45 miles and a 15-18 MPH pace. It is also the first group moving up that is not described as “No Drop”.

The B-Group has been consistently running 16.5-17 pace even on some of our more challenging ride. I know we have dropped some riders on a couple of rides, and I think this is wrong.

**ANNOUNCEMENT #2. I will be leading the B-Group as fast as the slowest rider with us that day. Down to the minimum of 15mph.** If you join us on these routes you will be expected to keep that minimum. On our routes I intend to run organized pace lines and ride as a group. (This group will not be a race). If you join us and find that you can’t keep pace, please expect to be on your own to complete or return to the start. You are expected to have the skills to handle yourself. That said, my phone number is on all my route slips incase anyone needs help, and we will support each other.

I have high hopes that this will improve our B-Group rides as well as make a better A-ride; I believe this will make a better ride-experience for both groups.

I would also like to encourage the C-Group riders that have been thinking about trying the B’s to join us. I know the C-Group has been running pace and distance well into the B range. Maybe the C-Group can return to its norms as well.

# STEADY PEDALER #1

By Richard Lewis

In 1978 I was living in San Bernardino, CA and racing category 3 out of Mount Baldy Cycling Club and Bud's Bike Shop in Claremont, CA.



I purchased a bicycle shop in Riverside called the Steady Pedaler. I would be involved in Riverside cycling from 1978-1997.

Cycling in Riverside in the 70's and 80's could be described as the "Wild West of Cycling".

Imagine the Mission Inn Century having 1000-1200 riders show up for the 25, 50 and 100 mile event distances and being flagged off in a gigantic mass start? That is pretty much how many events started back in that day. One mass start race that began near Hunt Park had hundreds of riders getting ready for the start when someone, who shall remain forever nameless, started to roll out onto the course and triggered a massive false start involving hundreds of riders. It took the police and ride officials a few miles to chase down the riders who had jumped the start.

These "Tours" often turned into unsanctioned road races. One time Steve Driscoll and I were leading an event on our tandem. A competing tandem, the infamous Gomez Brothers, came blazing by us drafting off the rear of their support station wagon. They were brazenly going past rest stops at 40+MPH after they passed us and disappeared up the road. Our protest was denied because the organizer had forgotten to put anything in the event flyer



that drafting was prohibited. Not surprisingly, the "no drafting" clause began to appear in the future event flyers. The following year we won the Mission Inn Century in a time of 4:08. It ended a sprint finish in front of the Mission Inn entrance. The wind up for the sprint started near the 91 freeway with tandem and single bikes trying to come around us as we rode to the finish line that was packed with 25 and 50 mile participants waiting to see the 100 milers sprint it out. We signed autographs for little kids and enjoyed our 15 seconds of fame!

RBC was not the only Bicycle Club in Riverside during this time. Riders in the area rode for Velo Orange, Mount Baldy and our own shop's sponsored club, Riverside Velosport.

One of the biggest positive changes I saw in our sport was the acceptance of helmets. In the 1970's there were very few hard shell helmet choices. I used a CCM Hockey helmet while others used mountaineering helmets. The now discredited SkidLid helmet was probably one of the first bike specific helmets and the Bell Biker would arrive in 1975. When we started requiring helmets on our shop rides, we had people complain or stop coming on the rides because they did not want to ride with a helmet on. Helmets would become cool and accepted only when Greg LeMond and others began to wear them.

There are a million crazy stories that I could tell you. The 19 years at the Steady Pedaler went by in a flash. We closed the shop in 1997. I had already finished my Computer Information Systems degree at CBU and within 2 months I was hired by a computer company in Seattle. That eventually led to my career at Boeing from where I retired in 2013.

The part I miss the most from the shop was the camaraderie with my employees and my bike riding pals. I miss the wind in my face and laughing together as we went up the road.

I'm often asked if I miss the shop and my answer is always the same, "I miss it every day."



## General Information for Group Road-Rides

- Non-members are welcome on all rides.
- Helmets are mandatory.
- Lights are required on all night rides.
- Riders are expected to bring the essentials. *See list bottom right.*
- "Pace average" refers to the average on your computer at the end of a ride. If we say an average of 13 – 15 mph, you will be riding over 15 and under 13 at times, but the average at the end will be 13 – 15.
- All speed listed below are guidelines.

**A Group** – Ride lengths will be 45-60 miles with the pace averaging over 18 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

**B-Group** – Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Moderate to difficult terrain. Focus on performance development, pace lining and climbing. Group riding experience, general mechanical skills expected.

**C Group** – Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have group riding experience, basic bike handling and mechanical skill.

**D Group** – Ride lengths will be 20-35 miles with the pace averaging 11-13 mph. Mixture of flat/rolling hills with some moderate climbing. Regroup as necessary.

**E Group** – Ride lengths will be 15-25 miles in length. The pace will be according to the riding abilities of those riding that day. Some riding skills and comfort with road traffic involved. New riders always welcome and a good place to start. Assistance and instruction will be provided in basic skills of fixing flats, bike handling, and group riding. Regroups often.

*Be prepared to start on time and have an enjoyable ride. Then stick around to enjoy a soda or snack and good company after the ride.*

### Contact:

Road Ride Chair: Bob Dunning,  
951-318-3946  
[chiefdun@hotmail.com](mailto:chiefdun@hotmail.com)

Team Dirty Work: Rhett (Doc) Nelson  
(909) 229-6576,  
[rhett.nelson@icloud.com](mailto:rhett.nelson@icloud.com)



Weekend road rides start;  
8:00 Winter and 7:30 Summer.  
*Please check the Ride Calendar page 3,  
or website for exact dates & times*

**Sunday** is the best day to come ride the streets with us. We have 5 levels for you to choose; from fast-and-furious to cruising for coffee. Look for the cyclists on the Pedestrian Mall at 11th & Main. Park near the old court house downtown Riverside.

**Saturday** rides leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop.

- ◆ **Fast group A/B/C;** 16-18 mph to Redlands.
  - ◆ **Casual group D/E;** 11-15 mph varied per routes.
- Beginner's Ride:** see page 3 under calendar for full details.

**NEW! THURSDAY** morning D/E pace ride from Bonaminio Park, 9am. Only meets in winter.

**Tuesday & Thursday** evening rides meet at Stater Bro's parking lot off Mary & Lincoln starts 6:30PM Winter, and Summer

This ride usually has 3 groups.

- ◆ **Fast, A/B Group;** 25+ miles, 16 & up mph
- ◆ **Medium, C Group;** 20ish miles, 15ish mph.
- ◆ **Casual, D/E Group;** 15ish miles, 11ish mph

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.



**TEAM DIRTY WORK** is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends, bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit <https://www.facebook.com/groups/teamdirtywork/>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

**Lights are required for ALL night rides!**

## HELMETS ARE REQUIRED ON EVERY RIDE!

### Other needed items

- ◆ **2 WATER BOTTLES** or **HYDRATION PACK** and/or energy drink
- ◆ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ◆ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ◆ **ID CARD / EMERGENCY INFORMATION CARD / CELL PHONE**
- ◆ **YOU AND YOUR BIKE** (both in safe working condition)

## Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount.

The following is a list of participating bike shops:

**AJ's Bicycles**, (951) 674-6161  
31861 Mission Trail, Lake Elsinore, CA  
[www.ajsbikes.com](http://www.ajsbikes.com)

**Citrus Cyclery**, (951) 444-7353  
9022 Pulsar Court, Corona, CA 92883  
[www.citruscyclery.com](http://www.citruscyclery.com)

**Cyclery U.S.A., Inc.** [www.cycleryusa.com](http://www.cycleryusa.com)  
10000 Magnolia, Riverside, (951) 354-8444  
415 A Tennessee, Redlands, (909) 792-2444  
7890 Haven Ave. Suite 9, Rancho Cuca, (909) 466-5444

**Cyco-Path**, (951) 695-4823  
29760 Rancho California Rd., #107, Temecula, CA 92591  
<http://cycopath.com/index.cfm>

**Don's Bikes of Rialto**, [www.donsbikeshop.com](http://www.donsbikeshop.com)  
384 S. Riverside Av, Rialto, (909) 875-7310  
700 E. Redlands Blvd. #B1, Redlands, 909-792-3399

**Neighborhood Cyclery**, (951) 485-0910  
24318 Hemlock Ave, Suite A3, Moreno Valley, 92557  
[www.neighborhoodcyclery.com](http://www.neighborhoodcyclery.com)

**Pedals Bike Shop**, (951) 683-5343  
3765 Jurupa Ave. # L. Riverside, CA 92506  
[www.pedalsbikeshop.com](http://www.pedalsbikeshop.com)

**White's Bikes**, (951) 242-4469  
23750 Alessandro Blvd. Moreno Valley  
<http://www.whitesbicycles.com>

**Woodcrest Bicycle Center**, (951) 780-4988  
16960 Van Buren Blvd. Riverside, CA

**Yucaipa Bike Center**, (909) 790-1551  
34844 Yucaipa Blvd. Yucaipa, CA  
<http://www.yucaipabikecenter.com>

FRIENDS of RBC  
Inland Empire Biking Alliance  
<http://iebikingalliance.org/>



Riverside Bicycle Club Affiliations  
IMBA International Mountain Bike Association  
LAB League of America Bicyclists  
Riverside County Trails Commission,  
USACYCLING United States Cycling Federation.

## 2019 Board

**President;** John Hawksley  
(909) 653-BIKE [hawksley55@gmail.com](mailto:hawksley55@gmail.com)

**Vice President;** Lisa Reece  
(909) 747-4833 [lreece70@msn.com](mailto:lreece70@msn.com)

**Secretary;** Brad Markin  
(951) 675-0852 [nikram58@yahoo.com](mailto:nikram58@yahoo.com)

**Treasurer;** Andrea Evans  
(909) 645-4480 [Tennisxone@hotmail.com](mailto:Tennisxone@hotmail.com)

**Road Ride Chair;** Bob Dunning,  
951-318-3946 [chiefdun@hotmail.com](mailto:chiefdun@hotmail.com)

**Mountain Bike Chair;** Rhett (Doc) Nelson  
(909) 229-6576 [rhett.nelson@icloud.com](mailto:rhett.nelson@icloud.com)

**Public Relations;** Eric Lewis  
(951) 902-9019 [eric\\_denise@yahoo.com](mailto:eric_denise@yahoo.com)

**Membership;** Stirling Yearian  
(951) 287-8235 [rexgaloure@msn.com](mailto:rexgaloure@msn.com)

**Communications;** Vicki Yearian  
(951) 943-1747 [fodofixer@msn.com](mailto:fodofixer@msn.com)

**Weekend, A Ride Leader.** Michele Hampton

**Weekend, B Ride Leader:** John Reece

**Weekend, C Ride Leader:** OPEN

**Weekend, D Ride Leader:** John Hawksley

**Weekend, E Ride Leader:** Jim Long &  
Elaine Scott Hart

**T/Th evening A/B group;** Andrew Holybee

**T/Th evening C group:** OPEN

**T/Th evening D/E group:** Bob Dunning

**Saturday morning Fast A/B/C group:** OPEN

**Saturday morning Casual D/E group:** Bob Dunning

**Monthly Family / Beginner's ride:** John Hawksley

THANK YOU RIDE LEADERS!

**Webmasters;** Stirling & Vicki Yearian, [fodofixer@msn.com](mailto:fodofixer@msn.com)

**TDW Webmaster:** Malcolm Bader, [Mbader@slauson.com](mailto:Mbader@slauson.com),

**Newsletter Editor:** Vicki Yearian, [Fodofixer@msn.com](mailto:Fodofixer@msn.com)  
Newsletter submittals deadline, by the 20th of the month.

**Riverside County;** Mark Brewer, Park Planner, (951) 955-4316, Dan Nove, Asst Park Planner, (951) 955-6998  
**Riverside City;** Jenna Combs, Public Utilities Rep, (951) 826-5847, General Info or issues, (951) 826-5311 or 311 app  
**San Bernardino County, Regional Parks Dept.** Paul Krause, (909) 387-2346, (909) 384-2052 fax



# Membership Application

P.O. Box 55160, Riverside, CA 92517-0160  
www.riversidebicycleclub.com



Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date. Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

*(Please print clearly)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_

Your Phone (\_\_\_\_)\_\_\_\_-\_\_\_\_ I.C.E. phone (\_\_\_\_)\_\_\_\_-\_\_\_\_  
*Incase of emergency*

**For Family Memberships, please list all names and birth dates of participants below; (up to 6)**

Name \_\_\_\_\_ (dob) \_\_\_\_\_

Name \_\_\_\_\_ (dob) \_\_\_\_\_

Name \_\_\_\_\_ (dob) \_\_\_\_\_

### Please check all that apply;

- Yes, it's OK to share this info with the Club.
- No, do not share my info.
- Yes, I am interested in being a ride leader.

### What are your biking interests?

- Road riding
- Mountain biking
- Touring
- Tandem
- Racing
- Single speed
- Velodrome
- Collecting
- Restoring
- Social riding

### How did you hear about us?

- Bike shop
- Web
- Friend
- Other \_\_\_\_\_

### HELMETS ARE REQUIRED ON ALL RIDES

**RELEASE:** With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity. I give my permission to Riverside Bicycle Club and outside media agents (newspapers, television, etc.) to take photographs, video, and otherwise document me in the activities of this club. I give permission for any photographs or video material to be used in publicity about the club and organization in or on website, promotional materials, newspaper/magazine articles, etc.

\_\_\_\_\_  
(Signature) (Date) (Spouse / other adult family member or legal guardian if under 18) (Date)

### DUES:

Individual.....\$30  
Family.....\$40  
Booster.....\$50

*("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)*

The following options allow you to save \$5 but you must acquire the newsletter via the web.

Individual SAVER .....\$25  
Family SAVER .....\$35

**TOTAL ENCLOSED \$** \_\_\_\_\_

Make Check Payable to;  
Riverside Bicycle Club  
and mail to;

**RBC Membership**  
P.O. Box 55160  
Riverside, Ca. 92517-0160

### Check answers;

- I'm a NEW member.
- I'm renewing.
- My info has changed.
- My info has not changed.

<u>OFFICE USE ONLY</u>	
CK # _____	ck date _____
Date received _____	
Card(s) issued _____	excel _____

# THE SPOKE'N WORD



Riverside Bicycle Club, Inc.  
P.O. Box 55160  
Riverside, Ca 92517-0160

## RIVERSIDE BICYCLE CLUB [www.Riversidebicycleclub.com](http://www.Riversidebicycleclub.com)

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

### Recycle this newsletter!

Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.* **DEADLINE TO SUBMIT** for the newsletter is 20th of the month. The oldest continuous bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is available to all online as well as past issues.

Please send articles, comments, letters to:

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Fodofixer@msn.com  
Editor, Spoke'n Word  
Riverside Bicycle Club  
P.O. Box 55160  
Riverside, CA 92517

Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

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