



The Spoke'n Word

May, June, 2020

Riverside Bicycle Club

Founded in 1891 P.O. Box 55160 Riverside, CA 92517 www.Riversidebicycleclub.com

CLUB MEETING
3rd Wednesday of
every month will be
video, via our RBC
[Facebook page](#),
until the covid is
completely done.

DEADLINE for newsletter is the 20th of the month
send to; fodofixer@msn.com

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We're Back!

We are riding "Officially" again!
See page 2-9 for details

A Note from our President



GOOD NEWS FROM THE BOARD; WE WILL BEGIN OUR OFFICIAL RIDES ONCE AGAIN, ON SATURDAY, 6/13/20!

President John Hawksley writes: I know this has been a difficult time for many of us. We all know friends and family that have been affected adversely by the Corona virus, the shut down, and loss of employment. Back in March the club decided that because of the stay-at-home order we would not have any official rides. Now that the worst of it is over, and the county and state is opening up again, we will also start having official rides again. I hope everyone that feels comfortable riding in groups will begin riding with us. I am personally excited about getting back out on the road with my friends, and to see those familiar faces that I haven't seen in quite some time. I hope everyone will enjoy coming back to ride.

Please read these guidelines.

Sincerely,
President
John Hawksley

Please practice the following when joining us for a ride:

- If you are feeling ill, please stay home.
- Try to maintain six feet of space from others.
- Avoid spitting, uncovered coughing, nasal drip, or droplet transmission.

Carry a mask, bandanna, or gator in case you need to use facilities at a grocery store or other business where it may be required.

More good news from the board for you.

YOUR MEMBERSHIP: Your RBC membership has been extended **six month** due to the inability to have our usual club activities during the Coronavirus Pandemic.

VIDEOS: These past few months, Ride Chair, Andrew Holybee has done many "LIVE" videos on biking subjects to entertain and educate us in this difficult time. Please watch Andrew's video from May 16, 2020. It has all the most current information you need to know. You can watch all of his videos at any time, just look under "Videos" on our FB page. <https://www.facebook.com/groups/riversidebicycleclub/>

RIDE WITH GPS UPGRADE: We are providing Ride With GPS upgrade to everyone. All of our ride routes and events can be found on RBC's Ride With GPS. Download our routes and get "AUDIBLE TURN BY TURN" navigation on your smart phone!

This is an eighty dollar value, free for you through the courtesy of RBC.

We suggest, if you do not already have your own personal account with Ride With GPS that you setup a free account first, then go to;

<https://ridewithgps.com/organizations/5058-rbc>

June 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13 Official RBC rides start again!
14 RBC morning ride	15	16 RBC evening ride	17 7pm RBC Club online meeting on our FaceBook page	18 RBC evening ride	19	20 RBC morning ride
21 RBC morning ride	22	23 RBC evening ride	24	25 RBC evening ride	26	27 RBC morning ride
28 RBC morning ride	29	30 RBC evening ride		2 RBC evening ride		4th of July RBC morning ride & Ride with the Mayor

UPCOMING EVENTS

June 13, RBC Official rides start again!

June 17, RBC club meeting 7pm, Tune in online to [RBC Facebook page](#). Ride Chair Andrew has some fun info for you. Open to all.

July 4th, 10am Ride with Mayor Bailey, decorate your bike, win prizes, easy family fun. See page 6.

July 11, Queen Mary ride 35mils, Huntington Beach.

July 15, RBC club meeting 7pm, Tune in online to [RBC Facebook page](#). Ride Chair Andrew has some fun info for you. Open to all.

July tba, RBC Bike Swap-meet

Aug 8, RBC's BEGINNER'S RIDE. 10am, starts at Bonaminio Park on Palm Av near Mt. Rubidoux West parking lot. Learn to ride safely in a group.

Aug tba. Tom's Farms all-levels RBC group-ride with staggered-start locations.

Taco ride to celebrate our club birthday, date tba,

Sept tba, RBC Smog to Surf club ride

Oct 3, Hemet Double Century & Century, see <https://theweekendbicyclist.com/2019/11/06/hemet-double-century-2020/>

Nov tba, RBC Burn-off the Turkey ride.

Dec 16, Christmas party

SART REPAIR UPDATE:

The SART repairs are nearly finished between Mt. Vernon and E St. There is just one section about 100 feet that is not paved yet, but it is hard packed dirt, and is OK to ride, with caution.

Queen Mary Ride

July 11, 2020



8:00 AM Start from
Huntington State Beach
Parking Lot

RIDE TO THE QUEEN MARY AND BACK

July 11, 2020

A beautiful 36 mile round trip, the Queen Mary Ride will start at 8:00 am from Huntington State Beach. We will meet at the southern end of the parking lot near where the Santa Ana River Trails ends, you can enter at either the Magnolia or Brookhurst entrances. Cost to park is \$15. Or you can start at any location you choose but try to meet us at 8:00 am for the obligatory ride start pictures. Bob Dunning will be coordinating the ride. We usually have lunch/ice cream across from the Queen Mary at Shoreline Village.

To see route map: <https://ridewithgps.com/routes/27730824>



Join Mayor Bailey as we celebrate Independence Day with a ride through Arlington Sports Park



Contest ~ Prizes Awarded!
Most Patriotic Family & Best Decorated Bike

Saturday July 4th, 2020

10:00 am

BIKE RATING

EASY

Arlington Heights Sport Park
9401 Cleveland Ave., Riverside, CA 92503

*Meet in the Cleveland Ave. Parking lot

CLUB JERSEYS NOW HAVE MATCHING CAPS & GLOVES



Vice President Lisa here, The RBC Store at Jakroo is now open all the time.

The new jerseys are available, as well as the matching caps and gloves.

The Traditional and Retro Red Jerseys and matching accessories are also available.

Here is the link to our store: <https://designlab.jakroo.com/store-front?storeId=rJvxO3SnI>



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All groups are happy to be riding officially again!



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All groups are happy to be riding officially again!





GRAVEL PACK RIVERSIDE

[Andrew Holybee](#) on [Gravel Pack Riverside](#)

The point of this group is to talk about gravel/adventure biking, and to keep links and routes in one place. I will post rides to other groups as well but wanted a place to organize and learn from each other on this topic.

First ride, 6/13/20, was epic-awesome! [Edward Williams](#), thanks for making this route; with over 30 miles, 2,000 feet of climbing and some at over 11%! Hopefully I will get the skills that Ed and [Eric Lewis](#) have. This ride was difficult, but we will be planning easier ones for the “**intro to gravel**” once a month.

There is a ton of adventure in our little city.

The draw of gravel riding, in this case;

- ◆ its close to home,
- ◆ has appreciative road descents,
- ◆ with secret cut-throughs,
- ◆ and less traveled dirt roads,
- ◆ but mostly its just a lot of fun!

See the full video and ride report on [Gravel Pack Riverside](#).



Thank you to, [Michele Hampton](#) for promoting RBC on FB

6/13/2020, Michele wrote; “There are many more people out on the road riding bikes now! Local bikes shops are struggling to keep up with the demand for bikes and mechanical fixes. It is a GREAT sport for both the mind and the body. If you are looking for a great group of people to ride with, consider the Riverside Bicycle Club. There are 4 different groups (A, B, C and D) so there will always be a group that is just right for you. We ride 4 days a week. Tuesday and Thursday night at

6:30 pm. Also Saturday and Sunday mornings at 7:30 am. Let me know if you want more details. Riding with others greatly changes the experience. You will quickly make friends, experience synergy and adrenaline, learn the tricks of the trade, and enjoy great benefits to your physical and mental health. Riding is also a great way to get in shape if you struggle with joint issues. I hope to see you out on the road! <https://www.facebook.com/groups/riversidebicycleclub/>

Thank you to [Linda Harding Hicks](#) for promoting RBC on FB

6/13/2020, Linda Wrote; “Riverside Bicycle Club is the best. You will meet the nicest people. You will be in a group, thus safer on the

road. You will have help with all the intricate details of biking and you will make friends. I cannot recommend this group highly enough.”

General Information for weekend Group Road-Rides

A Group – Ride lengths will be 45-60 miles with the pace averaging over 18 mph. Moderate to difficult terrain. Focus on performance, pace lining, climbing and endurance. Group riding experience, general mechanical skills expected.

B-Group – Ride lengths will be 35-45 miles with the pace averaging 15-18 mph. Moderate to difficult terrain. Focus on performance development, pace lining and climbing. Group riding experience, general mechanical skills expected.

C Group – Ride lengths will be 25-40 miles with the pace averaging 13-15 mph. Mixture of flat/rolling hills with some moderate climbing. Riders should have group riding experience, basic bike handling and mechanical skill.

D Group – Ride lengths will be 20-35 miles with the pace averaging 11-13 mph. Mixture of flat/rolling hills with some moderate climbing. Regroup as necessary.

E Group – Ride lengths will be 15-25 miles in length. The pace will be according to the riding abilities of those riding that day. Some riding skills and comfort with road traffic involved. New riders always welcome and a good place to start. Assistance and instruction will be provided in basic skills of fixing flats, bike handling, and group riding. Regroups often.

Contact:

Road Ride Chair: Andrew Holybee,
951-743-8966
unchew@mac.com

Team Dirty Work: Rhett (Doc) Nelson
(909) 229-6576,
rhett.nelson@icloud.com

IMPORTANT!

- ♦ Helmets are mandatory.
- ♦ Anyone under 18yrs must be accompanied by a parent/guardian.
- ♦ Lights required on all night rides.
- ♦ “Pace average” refers to the overall averaged speed. If we say, average of 13-15mph, you will need to ride faster than 15mph most of the time.
- ♦ All speed listed here are guidelines.
- ♦ Be prepared to start on time.
- ♦ Riders are expected to bring “NEEDED ITEMS. See list top right column.
- ♦ Non-members are always welcome on all rides!

Group Rides where & when

ROAD RIDE SCHEDULE

Weekend road rides start;
8:00 Winter and 7:30 Summer.
*Please check the Ride Calendar page 3,
or website for exact dates & times*

SUNDAY

Sunday’s are the best day to come ride the streets with us.

We have 5 levels for you to choose; from fast-and-furious to cruising for coffee, see Guide left. Look for the cyclists on the Pedestrian Mall at 11th & Main. Park near the old court house downtown Riverside.

SATURDAY

Saturday rides; leave from Canyon Crest Towne Center. Meet behind Starbucks by the East Coast Bagel shop.

- ♦ **Fast group A/B/C;** 16-18 mph to Redlands.
- ♦ **Casual group D/E;** 11-15 mph varied per routes.
- ♦

EVENING

Tuesday & Thursday evening rides; meet at Stater Bro’s parking lot off Mary & Lincoln starts 6:30PM Winter, and Summer, usually has;

- ♦ **Fast, A Group;** 25+ miles
- ♦ **B Group;** 20+ mph
- ♦ **C Group;** 20ish miles, 15ish mph.
- ♦ **Casual, D/E Group;** 12ish miles

Night rides will vary throughout the year depending on amount of daylight, number of riders and skill level.

ADDITIONAL

Thursday morning; D/E pace ride from Bonaminio Park, 9am. Only meets in winter.

Beginner’s Ride: Second Saturday each month. Bonaminio park, see page 3

NEEDED ITEMS;

- ♦ **2 WATER BOTTLES** or **HYDRATION PACK** and/or energy drink
- ♦ **FLAT FIXERS** (spare tubes, patch kit, tire irons and a pump or CO2)
- ♦ **RIDE FOOD** (energy bars, energy gel or snacks and some cash)
- ♦ **ID CARD / EMERGENCY INFORMATION CARD / CELL PHONE**
- ♦ **YOU AND YOUR BIKE** (both in safe working condition)

TEAM DIRTY WORK is the mountain bike side of the Riverside Bicycle Club. All mountain bikers are welcome. Generally, almost all reasonably fit people can enjoy riding with Team Dirty Work. We offer a variety of rides each week. This is a great way to get involved in a mountain biking group. We enjoy having new riders join us.

Most of our rides start in the Canyon Crest Towne Center Parking lot in front of Rite Aid near Bank of America (corner of Central and Canyon Crest Drive). These rides are approximately 2 hours long through the Sycamore Canyon area. Some weekends, bicycles are transported to other locations to ride. Please call R.C. Morton at 909-784-0459 for any last minute updates. Or visit <https://www.facebook.com/groups/teamdirtywork/>

Our mountain bike group rides are held each **Saturday & Sunday** morning. These rides are for experienced beginners and intermediates to advanced dirt riders. Evening rides are held on **Tuesday and Thursday** starting at 6:00 pm. and are designed for the more advanced dirt junkie.

Bicycle Shop Discounts

One of the advantages of being a member of the Riverside Bicycle Club is the courtesy discount on parts and accessories offered at participating local area bike shops. Please show your RBC membership card when you ask for the discount.

The following is a list of participating bike shops:

AJ's Bicycles, (951) 674-6161

31861 Mission Trail, Lake Elsinore, CA

www.ajsbikes.com

Citrus Cyclery, (951) 444-7353

9022 Pulsar Court, Corona, CA 92883

www.citruscyclery.com

Cyclery U.S.A., Inc. www.cycleryusa.com

3396 Tyler St. Suite A. Riverside, (951) 354-8444

415 A Tennessee, Redlands, (909) 792-2444

7890 Haven Ave. Suite 9, Rancho Cuca, (909) 466-5444

Cyco-Path, (951) 695-4823

29760 Rancho California Rd., #107, Temecula, CA 92591

<http://cycopath.com/index.cfm>

Don's Bikes of Rialto, www.donsbikeshop.com

384 S. Riverside Av, Rialto, (909) 875-7310

700 E. Redlands Blvd. #B1, Redlands, 909-792-3399

Pedals Bike Shop, (951) 683-5343

3674 Sunnyside Dr. Unit 1

Riverside, CA 92506, www.pedalsbikeshop.com

White's Bikes, (951) 242-4469

23750 Alessandro Blvd. Moreno Valley

<http://www.whitesbicycles.com>

Woodcrest Bicycle Center, (951) 780-4988

16960 Van Buren Blvd. Riverside, CA

Yucaipa Bike Center, (909) 790-1551

34844 Yucaipa Blvd. Yucaipa, CA

<http://www.yucaipabikecenter.com>

FRIENDS of RBC

Inland Empire Biking Alliance

<http://iebikingalliance.org/>



Riverside Bicycle Club Affiliations

IMBA International Mountain Bike Association

LAB League of America Bicyclists

Riverside County Trails Commission,

USACYCLING United States Cycling Federation.

2020 Board

President; John Hawksley

(909) 653-BIKE hawksley55@gmail.com

Vice President; Lisa Reece

(909) 747-4833 lreece70@msn.com

Secretary; Bob Dunning

(951) 318-3946 chiefdun@hotmail.com

Treasurer; Andrea Evans

(909) 645-4480 Tennisxone@hotmail.com

Road Ride Chair; Andrew Holybee

951-743-8966, unchew@mac.com

Mountain Bike Chair; Rhett (Doc) Nelson

(909) 229-6576 rhett.nelson@icloud.com

Public Relations; Eric Lewis

(951) 902-9019 eric_denise@yahoo.com

Membership; Stirling Yearian

(951) 287-8235 rexgaloure@msn.com

Communications; Vicki Yearian

(951) 943-1747 fodofixer@msn.com

Sunday, A Ride Leader. Andrew Lippert

Sunday, B Ride Leader: John Reece

Sunday, C Ride Leader: Joe Ganino

Sunday, D Ride Leader: John Hawksley

Sunday, E Ride Leader: Jim Long &

Elaine Scott Hart

T/Th evening A group: Andrew Holybee

T/Th evening B group; Chris Gate & Tracy Pham

T/Th evening C group: Ed Williams

T/Th evening D/E group: OPEN

Saturday morning Fast A/B/C group: OPEN

Saturday morning Casual D/E group: Bob Dunning

Monthly Family / Beginner's ride: John Hawksley

THANK YOU RIDE LEADERS!

Webmasters; Stirling & Vicki Yearian , fodofixer@msn.com

TDW Webmaster: Malcolm Bader, Mbader@slauson.com,

Newsletter Editor: Vicki Yearian, Fodofixer@msn.com

Newsletter submittals deadline, by the 20th of the month.

Riverside County; Mark Brewer, Park Planner, (951) 955-4316, Dan Nove, Asst Park Planner, (951) 955-6998

Riverside City; Jenna Combs, Public Utilities Rep, (951) 826-5847, General Info or issues, (951) 826-5311 or 311 app

San Bernardino County, Regional Parks Dept. Paul Krause, (909) 387-2346, (909) 384-2052 fax



Membership Application

P.O. Box 55160, Riverside, CA 92517-0160
www.riversidebicycleclub.com



Membership in the Riverside Bicycle Club, Inc. is open to everyone. It is a fun way to meet others who share the enjoyment of cycling. Whether you are a seasoned racer, mountain biker or recreational rider, you will find others in the club that can help you achieve your goals to ride safer, faster, further, and smarter. We have multiple rides at different paces and terrain, off road rides, monthly membership meetings, and other social events throughout the year. Your RBC membership includes the monthly newsletter, The Spoke'n Word, and discounts at local bike shops. All memberships are for one year and are renewable on the anniversary date. Your membership fee helps to underwrite the expense of club insurance and registration, administrative expense (copying & postage for the newsletter and lots of other fun events throughout the year. So we thank you for your generous support of our club.

(Please print clearly)

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Birth date ____/____/____

Your Phone (____)____-____ I.C.E. phone (____)____-____
Incase of emergency

For Family Memberships, please list all names and birth dates of participants below; (up to 6)

Name _____ (dob) _____,

Name _____ (dob) _____,

Name _____ (dob) _____,

Please check all that apply;

- Yes, it's OK to share this info with the Club.
- No, do not share my info.
- Yes, I am interested in being a ride leader.

What are your biking interests?

- Road riding
- Mountain biking
- Touring
- Tandem
- Racing
- Single speed
- Velodrome
- Collecting
- Restoring
- Social riding

How did you hear about us?

- Bike shop
- Web
- Friend
- Other _____

HELMETS ARE REQUIRED ON ALL RIDES

RELEASE: With full knowledge and appreciation that bicycle riding may be a hazardous activity, I/we hereby release and hold harmless the Riverside Bicycle Club, Inc. Including prior to, during or after such activity. This release covers myself and all parties named herein, and all heirs, executors or administrators thereto, and is given in full awareness of its content and in consideration of acceptance of my/our membership. I/we also attest that I/we are physically fit and acknowledge that the Riverside Bicycle Club, Inc. recommends the wearing of an ANSI or Snell approved bicycle helmet when riding a bicycle during any club activity. I give my permission to Riverside Bicycle Club and outside media agents (newspapers, television, etc.) to take photographs, video, and otherwise document me in the activities of this club. I give permission for any photographs or video material to be used in publicity about the club and organization in or on website, promotional materials, newspaper/magazine articles, etc.

(Signature) (Date) (Spouse / other adult family member or legal guardian if under 18) (Date)

DUES:

- Individual.....\$30
- Family.....\$40
- Booster.....\$50

("Booster" is an extra donation to support the club and you will receive a notation on your membership card.)

The following options allow you to save \$5 but you must acquire the newsletter via the web.

- Individual SAVER\$25
- Family SAVER\$35

TOTAL ENCLOSED \$ _____

Make Check Payable to;
Riverside Bicycle Club
and mail to;

RBC Membership
P.O. Box 55160
Riverside, Ca. 92517-0160

Check answers;

- I'm a NEW member.
- I'm renewing.
- My info has changed.
- My info has not changed.

<u>OFFICE USE ONLY</u>	
CK # _____	ck date _____
Date received _____	
Card(s) issued _____	excel _____

THE SPOKE'N WORD



Riverside Bicycle Club, Inc.
P.O. Box 55160
Riverside, Ca 92517-0160

RIVERSIDE BICYCLE CLUB www.Riversidebicycleclub.com

The Riverside Bicycle Club is for all bicyclists; commuters, off-road riders, recreational riders, tourists or just plain cyclists who ride a bicycle for fun, health, or competition, and anyone who interacts with them.

Our purpose is to provide companionship, bicycle education and training, and a bit of bicycle advocacy. To do this we will:

- Provide companionship by having monthly meetings for people with a love for bicycling who want to meet people with the same interests, to share ideas, to talk about ride routes and to discuss bicycling.
- Encourage participation of people who are interested in starting to ride a bicycle.
- Have educational programs to assure that bicyclists can enjoy their riding experience to the fullest.
- Publish a monthly newsletter (12 issues/year) to inform members of club activities, rides, and general bicycling information.
- Provide weekly rides of different levels, so that everyone can share the bicycling experience
- Advocate with local, regional, state and government agencies as to the needs of bicyclists, to encourage services for the bicycling community, and for inclusion of bicycling needs in infrastructure design and development of roads that can be shared by both motor vehicles and bikes.

Recycle this newsletter!

Leave it at your barber/beauty shop, the doctor's or dentist's office, wherever you think another cyclist will read it and discover the *Riverside Bicycle Club*. Photocopy it and pass it around.

The *Spoke'n Word* is the official publication of *The Riverside Bicycle Club, Inc.* **DEADLINE TO SUBMIT** for the newsletter is 20th of the month. The oldest continuous bicycle club west of the Mississippi. RBC was founded in 1891.

The *Spoke'n Word*, the voice of and for the cyclists of Riverside and surrounding communities, is published monthly and is available to all online as well as past issues.

Please send articles, comments, letters to:

Vicki Yearian
Fodofixer@msn.com
Editor, Spoke'n Word
Riverside Bicycle Club
P.O. Box 55160
Riverside, CA 92517

Contributions are always welcome. Bicycle graphics, clipart, cartoons, and serious stuff are the things that make *The Spoke'n Word* special.

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Opinions of the authors do not necessarily reflect the views of the RBC, Inc.

Anonymous articles are published at the discretion of the editor.