

Direction	KoM Training V	Distance
<b>START</b>	Main/Mission Inn/University	
<b>L</b>	Mission Inn Ave	0.00
<b>R</b>	Mt Rubidoux (Over Bridge)	0.75
<b>Cont</b>	Into Mt Rubidoux Park	0.96
<b>West</b>	Go Up Steep Route	1.48
<b>East</b>	At Top, Go Down Gentle Route	2.17
	<b>WATCH FOR PEDESTRIANS</b>	
<b>East</b>	At X-over, Go back to 9 <sup>th</sup> St	3.54
<b>R</b>	9 <sup>th</sup>	4.06
<b>R</b>	Redwood → Palm	4.13
<b>R</b>	Bandini → Grand → Streeter → California → Collette	5.41
<b>R</b>	Pierce ( <i>After Riverwalk</i> )	13.47
<b>L</b>	Raley ( <i>Go Through K-Rail</i> )	13.83
	<i>Follow Sign to Stay Right</i>	
<b>R</b>	Buchanon	14.77
<b>L</b>	Wolfson → Baghdady → Morita	15.07
<b>R</b>	La Vista	15.64
<b>L</b>	Promenade	15.84
<b>R</b>	McKinley → Hidden Valley	16.56
<b>R</b>	Parkview	17.25
<b>R</b>	Norco Hills	17.72
<b>R</b>	Valley	18.23
<b>R</b>	Oldenburg	18.57
<b>L</b>	Andalusian	18.99
<b>R</b>	Cross Rail	19.51
<b>L</b>	Friesian	19.74
<b>R</b>	Valley	20.06
<b>L</b>	Country Club (Uphill)	20.34
<b>L</b>	Vandermolen	21.03
<b>L</b>	Crestview	21.87
<b>L</b>	Crestview (again)	22.27
<b>R</b>	Country Club	22.85
<b>R</b>	Hidden Valley	23.39
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Direction	Kom Training V (page 2)	Distance
<b>R</b>	El Paso	24.80
<b>L</b>	El Paso → Parkridge	24.84
<b>L</b>	Cresta	26.13
<b>R</b>	Promenade (again)	27.08
<b>L</b>	Farmer Boys <b>REGROUP</b>	27.92
<b>L</b>	Promenade	27.99
<b>L</b>	Magnolia	28.03
<b>R</b>	Neece → Indiana	28.40
<b>R</b>	Grant → Indiana	29.05
<b>R</b>	Lincoln → Skyridge	30.26
<b>R</b>	Lakepointe	32.34
<b>L</b>	Old Lake	33.46
<b>R grp</b>	<i>Water Tower</i>	33.58
<b>L</b>	Old Lake	33.58
<b>L</b>	Lakepointe	33.69
<b>WATCH STOP SIGN</b>		
<b>R</b>	Lake Knoll	35.99
<b>L</b>	La Sierra	36.25
<b>R</b>	Orchard View	36.69
<b>R</b>	Orangemont → Treetop → Canyonwind	36.95
<b>L</b>	McAllister	38.15
<b>R</b>	Dufferin	39.47
<b>L</b>	Harrison	40.32
<b>R</b>	Victoria	40.86
<b>L</b>	University	48.32
<b>END</b>	Main St	49.10
<b>Emergency: 911</b> Lost: Hugh- (951) 880-8229		
(Est. Climbing: 4200')		

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